



STATE REPRESENTATIVE

**CATHERINE ABERCROMBIE**

PROUDLY SERVING MERIDEN, BERLIN, KENSINGTON

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## HELPFUL SERVICES & PROGRAMS IN OUR AREA

I want to thank you for your support and for allowing me the privilege of representing you in the Connecticut General Assembly. I consider it an honor and will work hard to validate the trust that you have placed in me.

Based on many of the calls I receive in my office, I wanted to share the information on the other side of this card with you. My phone number and email address are listed, as well, so that you can always reach out to me with your questions and concerns or if you need assistance.

Please keep in touch and contact me with issues, concerns or suggestions as to how I can more effectively serve you. Your input will help me make our community an even better place to live and work. Thank you for allowing me the honor of serving you.

*Cathy*

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# STATE REPRESENTATIVE CATHERINE ABERCROMBIE

MERIDEN, BERLIN, KENSINGTON | 83RD DISTRICT

## HELPFUL SERVICES AND PROGRAMS

**CALL THE 2-1-1 INFOLINE** - Infoline is a toll-free help line that is available 24 hours a day. It's the confidential, free, and multilingual way to locate services in your area. Caseworkers are trained in crisis intervention. Infoline is not for emergency police, fire, or medical assistance.

**OFFICE OF THE HEALTHCARE ADVOCATE** - The Healthcare Advocate and his staff provide Connecticut residents statewide with help on a variety of healthcare coverage issues, free of charge. OHA can assist with coverage selection, understanding your benefits and navigating the appeals process. Individuals who need healthcare or have questions/ concerns about their existing coverage and consumer rights, including mental health and substance abuse coverage, can contact the Healthcare Advocate confidentially. Call 866.466.4446 or visit their website at [www.ct.gov/oha](http://www.ct.gov/oha).

**CONTACT ME** - If you need any assistance or have ideas on how to make Meriden or Connecticut better, feel free to contact my office. I can be reached at 860.240.0492 or by emailing [catherine.abercrombie@cga.ct.gov](mailto:catherine.abercrombie@cga.ct.gov).

### FOR ADDITIONAL COMMUNITY SUPPORT SERVICES:

|                   |                     |  |
|-------------------|---------------------|--|
| Connecticut 2-1-1 | 211 or 800.203.1234 | <a href="http://www.211ct.org">www.211ct.org</a>                 |
| Meriden City Hall | 203.630.4060        | <a href="http://www.cityofmeriden.org">www.cityofmeriden.org</a> |
| New Opportunities | 203.639.5060        | <a href="http://www.newoppinc.org">www.newoppinc.org</a>         |

## SERVICES FOR THE ELDERLY

|                         |              |  |
|-------------------------|--------------|--|
| Meriden Senior Center   | 203.237.0066 | <a href="http://www.cityofmeriden.org">www.cityofmeriden.org</a>   |
| Senior Eye Care Program | 800.222.3937 | <a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a> |
| AARP                    | 866.295.7279 | <a href="http://www.aarp.org/ct">www.aarp.org/ct</a>               |
| LeadingAge Connecticut  | 203.678.4477 | <a href="http://www.leadingagect.org">www.leadingagect.org</a>     |

## SERVICES FOR THE DISABLED

|                                      |              |  |
|--------------------------------------|--------------|--|
| Dept. of Developmental Services      | 866.737.0330 | <a href="http://www.ct.gov/dds">www.ct.gov/dds</a>     |
| Commission on the Deaf               | 860.231.8169 | <a href="http://www.ct.gov/cdhi">www.ct.gov/cdhi</a>   |
| Planned Lifetime Asst. Network of CT | 800.842.2649 | <a href="http://www.planofct.org">www.planofct.org</a> |
| The Arc of Connecticut               | 860.246.6400 | <a href="http://www.thearcct.org">www.thearcct.org</a> |
| CCARC, Inc.                          | 860.229.6665 | <a href="http://www.ccarc.com">www.ccarc.com</a>       |

## SERVICES FOR ENERGY & HEAT

|                                |              |  |
|--------------------------------|--------------|--|
| Eversource Energy Payment Plan | 800.286.2000 | <a href="http://www.eversource.com">www.eversource.com</a>       |
| CNG Matching Payment Plan      | 800.727.3034 | <a href="http://www.cngcorp.com">www.cngcorp.com</a>             |
| Operation Fuel                 | 860.243.2345 | <a href="http://www.operationfuel.org">www.operationfuel.org</a> |

## SERVICES FOR EDUCATION

|                            |              |  |
|----------------------------|--------------|--|
| Meriden Public Schools     | 203.379.2601 | <a href="http://www.meridenk12.org">www.meridenk12.org</a>   |
| CT Department of Education | 860.713.6707 | <a href="http://www.state.ct.us/sde">www.state.ct.us/sde</a> |
| CT Parent Advocacy Center  | 860.739.3089 | <a href="http://www.cpacinc.org">www.cpacinc.org</a>         |