



# RESOURCES TO HELP YOU!

## FROM REPRESENTATIVE HECTOR ARZENO GREENWICH'S VOICE AT THE STATE CAPITOL

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

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“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Hector Arzeno



860-240-8585



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[housedems.ct.gov/Arzeno](http://housedems.ct.gov/Arzeno)



[facebook.com/StateRepArzeno](https://facebook.com/StateRepArzeno)

# STATE REPRESENTATIVE HECTOR ARZENO CONNECTING YOU TO THE RESOURCES YOU NEED

## Energy Assistance

- Free Home Energy Audits: [energizect.com](http://energizect.com)
- Emergency Heating Assistance: Operation Fuel: [operationfuel.org](http://operationfuel.org) or 2-1-1
- CT Energy Assistance Program: Call your local Community Action Agency and request assistance applying for CEAP over the phone 203-357-0720

## Nutrition Assistance Resources

- Supplemental Nutrition Assistance Program (SNAP): [bit.ly/3SA4yNH](http://bit.ly/3SA4yNH) or 2-1-1
- Food Assistance for Women, Infants and Children (WIC): [portal.ct.gov/DPH/WIC/WIC](http://portal.ct.gov/DPH/WIC/WIC) or call 860-425-6620
- Help with SNAP and other Food Assistance Programs: [endhungerct.org](http://endhungerct.org) or 1-866-974-7627
- Mobile Food Pantry: [ctfoodshare.org](http://ctfoodshare.org) or 2-1-1

## Housing Assistance

- Eviction Prevention Fund: 1-844-864-8328
- Homelessness Prevention: Call 2-1-1, dial #2 and #1

## Unemployment Resources

- Unemployment Website: [portal.ct.gov/dol/Unemployment-Benefits](http://portal.ct.gov/dol/Unemployment-Benefits)  
Call 860-967-0493 or 1-800-956-3294

## Federal Resources

For matters concerning Medicare, Social Security, Immigration, and Tours of Congress, we can also put you in touch with:

- Congressmen Jim Himes 203-333-6600
- Senator Richard Blumenthal 860-258-6940
- Senator Chris Murphy 860-549-8463

## Senior Care

- Assistance Programs: [portal.ct.gov/AgingAndDisability](http://portal.ct.gov/AgingAndDisability)
- Support for Caregivers: [bit.ly/3Z9wrOw](http://bit.ly/3Z9wrOw)

## Veteran Assistance

- Veterans Service Office: 860-418-2005
- Veterans Crisis Line: 1-800-273-8255
- Greenwich United Way: 203-869-2221

# LOCAL RESOURCES

## Greenwich

Greenwich Town Hall	203-622-7700
Tax Collector's Office	203-622-7891
Assessor's Office	203-622-7885
Senior Center	203-862-6700
Board of Education	203-625-7400
Department of Public Works	203-618-3001
Parks and Recreation	203-622-7814

## Statewide Resources

Office of the Healthcare Advocate	866-466-4446
Office of the Attorney General	860-808-5318
Department of Aging and Disability Services	860-424-5055
Department of Social Services	855-626-6632
Department of Admin Services	860-713-5100

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