

State Representative **ANDRE BAKER**



Important: COVID-19 Information

This is a difficult time for all of us. I understand how important it is that you get the most current, factual information on COVID-19 to protect yourself, your family and our community. Below are instructions on how to get more information, updates and staying safe. I will continue working to keep you informed, connected and protected.

Thank you to our front-line medical workers as well as other essential workers for risking their lives to fight this virus and to everyone staying home to slow its spread. We are going to make it through this!

Please reach out to my office if you have any questions or concerns. You can reach me by email at:

Andre.Baker@cga.ct.gov or by phone at **860-240-8542**.

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What Is Coronavirus/COVID-19?

COVID-19 (Coronavirus Disease 2019) is a respiratory illness spread from person to person contact. Symptoms may include cough, fever, and difficulty breathing and may appear 2-14 days after exposure.

For More COVID-19 Information

ONLINE: Go to CT.GOV/CORONAVIRUS for up to date response and public information on the virus and related matters like unemployment. I also share daily updates from the state at FACEBOOK.COM/REPANDREBAKER and through daily E-Newsletters you can join by emailing me at Andre.Baker@cga.ct.gov.

Helpful Information on Housing, Legal Assistance and Nutrition

Dial 2-1-1 and press #3 then #4 if you are in a **housing** emergency. Get **legal information** about court access, work, benefits, housing, and more during the COVID-19 crisis. Visit www.ctlawhelp.org/coronavirus.

There are several options available if you, someone you know, or a loved one is in **need of food**. You may call Meals on Wheels at 203-332-3264. Locations and hours for Soup Kitchens, Food Pantries, and “Grab and Go” lunches for students, family, and seniors can be found online at: <https://www.unitedwaycfc.org/core-needs-food-shelter-clothing> or by calling 2-1-1.



STAY HOME

The Governor signed an executive order that encourages people to stay in their homes unless running essential errands and closes all businesses not deemed essential until further notice to slow the spread of COVID-19.



STAY 6 + FEET FROM OTHERS

The CDC says that COVID-19 can be spread to people within at least six feet and that people who have the virus without symptoms are contagious.



WEAR A MASK AT ALL TIMES IN PUBLIC

If you have to leave the house, the Governor is now requiring that you wear a non-medical face mask to reduce risk of getting infected or infecting others with COVID-19.



WASH HANDS AND SANITIZE SURFACES FREQUENTLY