

PROVIDING YOU THE RESOURCES THAT MATTER!

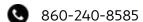
FROM STATE REPRESENTATIVE KAI BELTON MIDDLETOWN'S VOICE AT THE STATE CAPITOL

PRSRT STD U.S. POSTAGE PAID HARTFORD, CT Permit No. 3937

"Should you or someone you know require support, especially with accessing or understanding state programs, my office is here to serve YOU!

Please reach out to me anytime!"

- Representative Kai Belton





housedems.ct.gov/Belton

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SUPPORT IS HERE FOR YOU, CT RESIDENTS! CONNECTING YOU TO THE RESOURCES YOU NEED

Workforce Development

- Employment Opportunities: portal.ct.gov/das
- Job Training: jobs.ct.gov/training
- Unemployment Website: portal.ct.gov/dol/Unemployment-Benefits or call 860-967-0493 or 1-800-956-3294

Food Assistance:

- Supplemental Nutrition Assistance Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants & Children (WIC): portal.ct.gov/DPH/WIC/WIC or call 860-358-4070
- Mobile Food Pantry: ctfoodshare.org or call 2-1-1
- Local Food Pantry: 860-347-7493

Small Business Support

 Small Business Development & Loans: bit.ly/CTSmallBusinessSupport

Energy Assistance

- Free Home Energy Audits: energizect.com
- Weatherization Assistance Program (WAP): bit.ly/CT-WAP
- Connecticut Energy Assistance Program (CEAP): ct.gov/heatinghelp/apply

Veterans and Seniors

- Older Adult Support: bit.ly/CTOlderAdultAssistance
- Assistance Programs: portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw

Housing Assistance

- Rental Assistance Program (RAP): bit.ly/CT-RAP
- Eviction Prevention Fund: Call 1-844-864-8328
- C.A.N. (Homelessness Prevention): Call 2-1-1, then dial #2 and #1

NEED ASSISTANCE?

MY TEAM AND I ARE HERE TO ASSIST YOU!

- Navigating State Agencies
- Small Business Support
- Health Insurance
- Mental Health Services
- Resources for Seniors
- Veterans Benefits
- Unemployment Assistance
- Energy Assistance
- Housing Assistance
- Food Assistance

Stay up-to-date by signing up for my e-blasts online at housedems.ct.gov/Belton or scan the code with your phone!

