

## PROVIDING YOU THE RESOURCES THAT MATTER!

# FROM STATE REPRESENTATIVE PATRICK BIGGINS EAST HARTFORD & MANCHESTER'S VOICE AT THE STATE CAPITOL

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Should you or someone you know require support, especially with accessing or understanding state programs, my office is here to serve YOU!

Please reach out to me anytime!

- Representative Patrick Biggins



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## SUPPORT IS HERE FOR YOU, EAST HARTFORD & MANCHESTER RESIDENTS! CONNECTING YOU TO THE RESOURCES YOU NEED

## **Workforce Development**

- Employment Opportunities: portal.ct.gov/das
- Job Training: jobs.ct.gov/training
- Unemployment Website: portal.ct.gov/dol/Unemployment-Benefits or call 860-967-0493 or 1-800-956-3294

#### **Food Assistance:**

- Supplemental Nutrition Assistance Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants & Children (WIC): portal.ct.gov/DPH/WIC/WIC or call 860-450-7405
- Mobile Food Pantry: ctfoodshare.org or call 2-1-1
- Local Food Pantry: Christian Dynamics 860-247-0200 & MACC Charities 860-647-8003

## **Small Business Support**

 Small Business Development & Loans: ctsbdc.uconn.edu & sba.gov

#### **Energy Assistance**

- Free Home Energy Audits: energizect.com
- Weatherization Assistance Program (WAP): bit.ly/CT-WAP
- Connecticut Energy Assistance Program (CEAP): ct.gov/heatinghelp/apply

#### **Veterans and Seniors**

- Older Adult Support: bit.ly/CTOlderAdultAssistance
- Assistance Programs: portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw

## **Housing Assistance**

- Rental Assistance Program (RAP): bit.ly/CT-RAP
- Eviction Prevention Fund: Call 1-844-864-8328
- C.A.N. (Homelessness Prevention): Call 2-1-1, then dial #2 and #1

#### LET ME HEAR FROM YOU!

- Is there anything in the community you want to be improved or changed?
- What specific issues are impacting you and your family the most?
- Are there any laws you have concerns about?
- What improvements would you like to see in public education?

Scan the QR code to complete the form with the questions above!

