

# Office of the Healthcare Advocate

The Office of the Healthcare Advocate can help you navigate health care coverage. If you have questions regarding enrollment in a health care plan or require assistance understanding the referral or pre-authorization process or the appeal/grievance procedures, you may call toll-free at **1-866-466-4446**. This office can also provide you with information on public and private health insurance plans offered in Connecticut. **Visit the office's website at [www.ct.gov/oha](http://www.ct.gov/oha).**

## CHOICES Program

Need help understanding Medicare and other health insurance options? CHOICES is an information source for services available to people age 60 and over, and those with disabilities. **You can contact a counselor at 1-800-994-9422 for information about your Medicare and health insurance coverage.**

## HUSKY Care

This public health care program offers a variety of plans for children, parents, relative caregivers, elders, individuals with disabilities, adults without dependent children and pregnant women. HUSKY Health is based on income levels. **For more information, or to see if you qualify, call toll-free at 1-877-284-8759.**

Legislative Office Building, Hartford, CT 06106-1591  
Capitol: 860-240-8585  
[www.housedems.ct.gov/Borer](http://www.housedems.ct.gov/Borer)



STATE REPRESENTATIVE  
**Dorinda Borer**  
PROUDLY SERVING WEST HAVEN



STATE REPRESENTATIVE

# Dorinda Borer

Dear Neighbor,

I can still hear my grandparents telling me, “If you don’t have your health, you don’t have anything”. They were right, but I don’t think they ever thought it would be so difficult to afford health care. Too many people in Connecticut are struggling to get the access they need and forgoing necessary services. This is unacceptable and as your state Representative, I’m working to make sure every family has access to the care they need.

This mailer is just a brief snap shot of some of the things I am working on up at the Capitol. I am always open to your ideas, input and concerns.

It is an honor to represent you in Hartford.

Sincerely,

Dorinda Borer  
State Representative

## Health Care is One of My Top Legislative Priorities

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Si gustarías información sobre nuestras iniciativas en español  
por favor avísame: 860-240-8585

# State Representative Dorinda Borer

## This Session I am Proud to Work on These Issues:

**TEEN VAPING:** One of the fastest growing crises amongst our teens is vaping. I've introduced and supported legislation that raises the purchasing age of tobacco and vaping products to 21; eliminate flavors that are clearly targeted to our youth; restrict internet purchasing and provide education in our schools about the dangers of vaping.

**VETERAN'S ACCESS TO CARE:** To allow veterans to use any state-owned or state-controlled public transportation service at a reduced rate.

**BREAST IMAGING:** To prohibit the charging of a co-payment, cost-sharing, applying to a deductible or charging of a facility fee for both routine and baseline mammograms and breast ultrasounds for purposes of breast cancer screening.

**FAMILY MEDIAL LEAVE:** To make sure that working people can take paid time off when they get sick or need to care for a loved one.



**PRE-EXISTING CONDITIONS:** This would require insurance companies to expand coverage for pre-existing conditions.

**CHILDREN'S FLU SHOTS:** Allowing children between the ages of 12 and 18 to get flu shots at the pharmacy with parental consent.

**PROTECTING MEDICARE:** Protecting the Medicare Savings Plan for our senior citizens.

**HEALTH EDUCATION:** Expanding the school curriculum to include more education on health.



## CT Veterans Health Administration

The Veterans Health Administration is America's largest integrated health care system, providing care to 9 million enrolled Veterans each year. You may qualify for VA health care benefits if you served in the active military, naval, or air service. The Veterans Health Administration includes services to help treat illnesses or injuries, prevent future health problems, improve your ability to function, and enhance your quality of life. If you want to apply for VA Health Benefits, you can do so at [www.va.gov/health-care/apply/application/introduction](http://www.va.gov/health-care/apply/application/introduction). You can also apply by calling **1-877-222-8387**.