

PROVIDING YOU THE RESOURCES THAT MATTER!

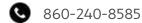
FROM STATE REPRESENTATIVE BUMGARDNER GROTON, MYSTIC, & STONINGTON'S VOICE AT THE STATE CAPITOL

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"Should you or someone you know require support, especially with accessing or understanding state programs, my office is here to serve YOU!

Please reach out to me anytime!"

- Representative Aundré Bumgardner





housedems.ct.gov/Bumgardner

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SUPPORT IS HERE FOR YOU, 41ST DISTRICT RESIDENTS! CONNECTING YOU TO THE RESOURCES YOU NEED

Workforce Development

- Employment Opportunities: portal.ct.gov/das
- Job Training: jobs.ct.gov/training
- Unemployment Website: portal.ct.gov/dol/Unemployment-Benefits or call 860-967-0493 or 1-800-956-3294

Food Assistance:

- Supplemental Nutrition Assistance Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants & Children (WIC): portal.ct.gov/DPH/WIC/WIC
- Mobile Food Pantry: ctfoodshare.org or call 2-1-1
- Groton Food Pantry: 860-441-6760

Small Business Support

 Small Business Development & Loans: bit.ly/CTSmallBusinessSupport

Energy Assistance

- Free Home Energy Audits: energizect.com
- Weatherization Assistance Program (WAP): bit.ly/CT-WAP
- Connecticut Energy Assistance Program (CEAP): ct.gov/heatinghelp/apply

Veterans and Seniors

- Older Adult Support: bit.ly/CTOlderAdultAssistance
- Assistance Programs: portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw

Housing Assistance

- Rental Assistance Program (RAP): bit.ly/CT-RAP
- Eviction Prevention Fund: Call 1-844-864-8328
- C.A.N. (Homelessness Prevention): Call 2-1-1, then dial #2 and #1

NEED ASSISTANCE?

MY TEAM AND I ARE HERE TO ASSIST YOU!

- Navigating State Agencies
- Small Business Support
- Health Insurance
- Mental Health Services
- Resources for Seniors
- Veterans Benefits
- Unemployment Assistance
- Energy Assistance
- Housing Assistance
- Food Assistance

Stay up-to-date by signing up for my e-blasts online at housedems.ct.gov/Bumgardner or scan the code with your phone!

