

# RESOURCES TO HELP YOU!

**FROM REPRESENTATIVE CHRISTINE CONLEY  
NEW LONDON AND GROTON'S VOICE AT THE STATE CAPITOL**

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

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“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Christine Conley



860-240-8585



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[housedems.ct.gov/Conley](https://housedems.ct.gov/Conley)



[facebook.com/RepConley](https://facebook.com/RepConley)

# STATE REPRESENTATIVE CHRISTINE CONLEY

## CONNECTING YOU TO THE RESOURCES YOU NEED

### Energy Assistance

- Free Home Energy Audits: [energizect.com](http://energizect.com)
- Emergency Heating Assistance: Operation Fuel: [operationfuel.org](http://operationfuel.org) or 2-1-1
- CT Energy Assistance Program: Call TVCCA (860-425-6681) or visit [ctdss.force.com/heatinghelp/s/](http://ctdss.force.com/heatinghelp/s/)

### Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): [bit.ly/3SA4yNH](http://bit.ly/3SA4yNH) or 2-1-1
- Food Assistance for Women, Infants and Children (WIC): [portal.ct.gov/DPH/WIC/WIC](http://portal.ct.gov/DPH/WIC/WIC) or call (860) 425-6620
- Help with SNAP and other Food Assistance Programs: [endhungerct.org](http://endhungerct.org) or 1 (866) 974-7627
- Mobile Food Pantry: [ctfoodshare.org](http://ctfoodshare.org) or 2-1-1
- Gemme E. Moran Food Pantry: (860) 444-8050
- Groton Food Locker: (860) 441-6760

### Housing Assistance

- Eviction Prevention Fund: 1 (844) 864-8328
- Homelessness Prevention: Call 2-1-1, dial #2 and #1

### Unemployment Resources

- Unemployment Website: [portal.ct.gov/dol/Unemployment-Benefits](http://portal.ct.gov/dol/Unemployment-Benefits)
- Call 860-967-0493 or 1-800-956-3294

### Workforce Development

- Employment Opportunities: [portal.ct.gov/das](http://portal.ct.gov/das)
- Job Training: [ctdol.state.ct.us/gendocs/training.html](http://ctdol.state.ct.us/gendocs/training.html)

### Senior Care

- Assistance Programs: [portal.ct.gov/AgingAndDisability](http://portal.ct.gov/AgingAndDisability)
- Support for Caregivers: [bit.ly/3Z9wrOw](http://bit.ly/3Z9wrOw)

### Veteran Assistance

- VA District Office: 100 Broadway, Norwich City Hall OR Call (860) 887-9162
- Veterans Crisis Line: 1 (800) 273-8255
- Veteran Outpatient Clinic: 6 Shaw's Cove, Suite 104, New London OR (860) 437-3611

## LOCAL RESOURCES

Groton and New London

### GROTON

City Hall	(860) 441-6640 (Town) (860) 446-4103 (City)
Tax Collector's Office	(860) 441-6670
Assessor's Office	(860) 441-6660
Senior Center	(860) 441-6785
Housing Authority	(860) 445-1596
Board of Education	(860) 572-2100
Department of Public Works	(860) 448-4083 (Town) (860) 446-4127 (City)
Parks and Recreation	(860) 536-5680

### NEW LONDON

City Hall	(860) 447-5200
Tax Collector's Office	(860) 447-5208
Assessor's Office	(860) 447-5216
Senior Center	(860) 447-5232
Housing Authority	(860) 443-2851
Board of Education	(860) 447-6000
Department of Public Works	(860) 447-5250
Health District, NL County	(860) 448-4882
Parks and Recreation	(860) 447-5230

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