

# SENIOR UPDATE

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Dear Friends and Neighbors,

I hope this message finds you and yours well. It's been a busy year creating and implementing policies and programs to responsively support our seniors. I want to share with you some of the legislation passed this year to improve the quality of life for our senior residents. If you have questions or if I can be helpful to you in any way, please do not hesitate to contact me at 860-240-8585 or email me at [Michelle.Cook@cga.ct.gov](mailto:Michelle.Cook@cga.ct.gov).

I look forward to hearing from you!

Happy New Year,

*Michelle L Cook*  
Rep. Michelle L. Cook

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STATE REPRESENTATIVE  
**MICHELLE L. COOK**

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STATE REPRESENTATIVE

# MICHELLE L. COOK

**PROUDLY HELPED PASS LEGISLATION THIS SESSION THAT:**

- Eliminated even more taxes on retirement income such as pensions, annuities, and social security
- Established a new free prescription drug discount card for all Connecticut residents to save on medications
- Established a new Dementia Services Coordinator position to service Connecticut residents with dementia
- Strengthened patients' involvement in their homemaker care plans and streamlined the process for filing complaints
- Expanded eligibility for seniors to participate in adult day services, serving those with early onset dementia
- Expanded Medicaid coverage for services such as primary healthcare, physical therapy, and more
- Increased funding by \$2.5 million for elderly nutrition and Meals on Wheels



**APPLY FOR CT'S NEW PRESCRIPTION DRUG DISCOUNT CARD**

Visit [arrayrxcard.com](http://arrayrxcard.com) or hold your smartphone camera over the QR code.

## HELPFUL NUMBERS

**Sullivan Senior Center**

860-489-2211

**Medicare**

800-633-4227

**Center for Medicare Advocacy**

800-262-4414

**Office of the Healthcare Advocate**

866-466-4446

**Dept. of Social Services**

855-626-6632

**The Elder Justice Hotline**

860-808-5555

**United Way Infoline**

Dial 2-1-1 or visit [www.211ct.org](http://www.211ct.org)

**Dept. of Rehabilitation Services**

800-537-2549

**BHcare - Mental Health Services**

203-736-2601

**Torrington Police Department**

**(Non-Emergency)**

860-489-2007