



STATE REPRESENTATIVE

**MICHELLE L. COOK**

PROUDLY SERVING TORRINGTON

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## HELPFUL SERVICES & PROGRAMS IN OUR AREA

I want to thank you for your support and for allowing me the privilege of representing you in the Connecticut General Assembly. I consider it an honor and will work hard to validate the trust that you have placed in me.

The 2019 Legislative Session is now underway. For this term, I have been appointed to serve as Deputy Speaker of the House of Representatives and as a member of the Education, Human Services and Public Health Committees as well as the Joint Committee on Legislative Management.

Please keep in touch and contact me with issues, concerns or suggestions as to how we can better serve you. Your input will help us make our community an even better place to live and work. Thank you for allowing me the honor of serving you.

*Michelle L. Cook*

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STATE REPRESENTATIVE

# MICHELLE L. COOK

TORRINGTON | 65TH ASSEMBLY DISTRICT



## HELPFUL SERVICES AND PROGRAMS

**Call the 2-1-1 Infoline** - Infoline is a toll-free help line that is available 24 hours a day. It's the confidential, free, and multilingual way to locate services in your area. Caseworkers are trained in crisis intervention. Infoline is not for emergency police, fire, or medical assistance.

**Help with Foreclosure** - The Foreclosure Mediation Program has provided vital services to homeowners facing foreclosure and helping many families avoid foreclosure. For more information, please visit [www.jud.ct.gov/foreclosure](http://www.jud.ct.gov/foreclosure) and click on "Frequently asked questions for homeowners." You may also call the Foreclosure Hotline toll-free at 1.877.472.8313 for advice and guidance.

**Contact the Office** - If you need any assistance or have ideas on how to make Torrington and the state of Connecticut better, feel free to contact my office. I can be reached at 860.240.8585 or by emailing [Michelle.Cook@cga.ct.gov](mailto:Michelle.Cook@cga.ct.gov).

## FOR ADDITIONAL COMMUNITY SUPPORT SERVICES:

Connecticut 2-1-1	211 or 800.203.1234	<a href="http://www.211ct.org">www.211ct.org</a>
Torrington City Hall	203.489.2228	<a href="http://www.torringtonct.org">www.torringtonct.org</a>

## SERVICES FOR THE ELDERLY

Sullivan Senior Center	860.489.2211	<a href="http://www.torringtonct.org/sullivan-senior-center">www.torringtonct.org/sullivan-senior-center</a>
Senior Eye Care Program	800.222.3937	<a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a>
AARP	866.295.7279	<a href="http://www.aarp.org/ct">www.aarp.org/ct</a>
LeadingAge Connecticut	203.678.4477	<a href="http://www.leadingagect.org">www.leadingagect.org</a>

## SERVICES FOR THE DISABLED

Dept. of Developmental Services	866.737.0330	<a href="http://www.ct.gov/dd">www.ct.gov/dd</a>
Commission on the Deaf	860.231.8169	<a href="http://www.ct.gov/cdhi">www.ct.gov/cdhi</a>
Planned Lifetime Asst. Network of CT	800.842.2649	<a href="http://www.planofct.org">www.planofct.org</a>
The Arc of Connecticut	860.246.6400	<a href="http://www.thearcct.org">www.thearcct.org</a>
CCARC, Inc.	860.229.6665	<a href="http://www.ccarc.com">www.ccarc.com</a>
Dept. of Rehabilitation Services	860.424.5055	<a href="http://www.ct.gov/dors">www.ct.gov/dors</a>

## SERVICES FOR ENERGY & HEAT

Eversource Energy Payment Plan	800.286.2000	<a href="http://www.eversource.com">www.eversource.com</a>
CNG Matching Payment Plan	800.727.3034	<a href="http://www.cngcorp.com">www.cngcorp.com</a>
Operation Fuel	860.243.2345	<a href="http://www.operationfuel.org">www.operationfuel.org</a>
New Opportunities	203.756.8151	<a href="http://www.newoppinc.org/energyAssistance">www.newoppinc.org/energyAssistance</a>

## SERVICES FOR EDUCATION

Torrington Public Schools	860.489.2327	<a href="http://www.torrington.org">www.torrington.org</a>
CT Department of Education	860.713.6707	<a href="http://www.state.ct.us/sde">www.state.ct.us/sde</a>
CT Parent Advocacy Center	860.739.3089	<a href="http://www.cpacinc.org">www.cpacinc.org</a>