



# RESOURCES TO HELP YOU!

*As your State Representative, constituent services and communications have been, and will continue to be, the top priority of my office. In this correspondence you will find resources that may be useful to you and your loved ones. If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.*

## STATE REPRESENTATIVE **HUBERT DELANY**

STAMFORD'S VOICE AT THE STATE CAPITOL

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scan the QR code to sign up for my  
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# STATE REPRESENTATIVE HUBERT DELANY

# CONNECTING YOU TO THE RESOURCES YOU NEED

## Energy Assistance

- Free Home Energy Audits: [energizect.com](http://energizect.com)
- CT Energy Assistance Program: Call (203) 748-5422 or visit [211ct.org](http://211ct.org)

## Housing Assistance

- Eviction Prevention Fund: Call (844) 864-8328
- C.A.N. - Homelessness Prevention: Call 2-1-1, then dial #2 and #1
- Foreclosure Hotline: (877) 472-8313

## Senior Care

- Assistance Programs: [ct.gov/AgingAndDisability](http://ct.gov/AgingAndDisability)
- Support for Caregivers: multiple options - [bit.ly/3Z9wrOw](http://bit.ly/3Z9wrOw)
- Stamford Senior Center: Call (203) 977-5151

## Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): 2-1-1 or [211ct.org](http://211ct.org)
- Food Assistance for Women, Infants, & Children (WIC): [ct.gov/DPH/WIC](http://ct.gov/DPH/WIC) or call (203) 977-4385
- SNAP and Other Food Assistance: [endhungerct.org](http://endhungerct.org) or call (866) 974-7627
- Mobile Food Pantry: [ctfoodshare.org](http://ctfoodshare.org) or 2-1-1
- Food Pantry: New Covenant Center 174 Richmond Hill Ave. call (203) 964-9228

## Unemployment & Job Resources

- Unemployment help and job searching [ct.gov/dol](http://ct.gov/dol) or call (800) 956-3294

## Veteran Assistance

- Veterans Crisis Line: (800) 273-8255
- Veteran Outpatient Clinic: 1275 Summer St., Suite 102 Stamford or call (203) 325-0649
- Stamford Veterans Resource Center: [stamfordct.gov/residents/veterans](http://stamfordct.gov/residents/veterans) (203) 977-7993



## STATE REPRESENTATIVE HUBERT DELANY

STAMFORD'S VOICE AT THE STATE CAPITOL

Please feel free to call or email me anytime!



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