

# IMPORTANT TELEPHONE NUMBERS

General Assistance	2-1-1
Department of Social Services	855-626-6632
Tax Department	860-297-5962
Consumer Protection	860-713-6300
Department of Veterans' Affairs	860-616-3600
Office of the Healthcare Advocate	866-466-4446
Medicare	800-633-4227
Center for Medicare Advocacy	800-262-4414
Connecticut Insurance Department	860-297-3900
CT Fair Housing Center	860-247-4400
Statewide Legal Services of CT	860-344-0380

STATE REPRESENTATIVE

## Mike Demicco

PROUDLY SERVING FARMINGTON & UNIONVILLE | 21ST ASSEMBLY DISTRICT



Legislative Office Building | Hartford, CT 06106-1591  
Capitol: 860-240-8500 | [www.housedems.ct.gov/Demicco](http://www.housedems.ct.gov/Demicco)

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Dear Neighbors,

I trust everyone is enjoying the warm weather this time of year as much as I am.

I wanted to share with you some information on some new laws and programs that may be of interest to you. A more detailed legislative update will be available once the Legislature adjourns in June.

Please contact me at any time if you need assistance or have any questions about a state program or service.

I look forward to hearing from you. Let's keep in touch.

Sincerely,

*Mike Demicco*

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## CHOICES PROGRAM

Need help with understanding Medicare and other health insurance options? CHOICES (Connecticut Health insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screening) is an information source for services available to people age 60 and over, and those with disabilities. CHOICES can also provide referrals to state agencies for particular service needs. You can contact a counselor at 1-800-994-9422 for information about your Medicare and health insurance coverage.



## CT HOME CARE PROGRAM FOR ELDERS (CHCPE)

Many seniors are blessed with family members who can provide needed care within the home, rather than having to go to a nursing home. But that can be burdensome, and costly. There is help available from the Connecticut Home Care Program for Elders. For information, brochures, and applications, call the Alternate Care Unit at the CT Department of Social Services 1-800-445-5394.



## LONG-TERM CARE

Does your health insurance include a long term care policy? If it does not, you may want to contact the Connecticut Partnership for Long-Term Care at 1-800-547-3443.



## READY TO WORK PROGRAM FOR AGES 55 AND UP

Job skills training is available for people 55 and older. To qualify, you must be unemployed and have an annual family income that is not more than \$14,588/single, \$19,663/family of two, and \$24,738/family of three. Temporary training assignments are made to gain on-the-job work experience for 20 hours a week at minimum wage. For additional information please contact Jennifer Gorman at (860) 424-5643 or at [Jennifer.Gorman@ct.gov](mailto:Jennifer.Gorman@ct.gov).



## FREE CONSUMER LEGAL SERVICES FOR ELDERS

The Consumer Law Project for Elders (a project of Connecticut Legal Services, Inc.) provides free legal assistance to Connecticut residents age 60 or over who have questions about consumer rights, debt or collection problems, receipt of bills for items never purchased, identity theft, bankruptcy, and unfair and undisclosed loan terms. For more information, call 1-800-296-1467.

## COPAYS FOR PHYSICAL & OCCUPATIONAL THERAPY, BREAST EXAMS

A new law prohibits certain health insurance policies from imposing a copayment of more than \$30 per visit for physical therapy services performed in-network by state-licensed physical therapists.

By law, insurance policies must cover a breast ultrasound screening if a mammogram shows dense breast tissue or if a woman is at an increased risk for developing breast cancer due to her own history or family medical history. This new law prohibits certain health insurance policies from imposing a copayment of more than \$20 for a breast ultrasound for policies that are required to provide coverage; and \$30 for in-network occupational therapy visits performed by a state-licensed physical therapist, ensuring that women have greater ease of access to this important preventative care procedure.