



# RESOURCES TO HELP YOU!

## FROM REPRESENTATIVE DIGIOVANCARLO WATERBURY'S VOICE AT THE STATE CAPITOL

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

PRSRT STD  
U.S. POSTAGE  
PAID  
HARTFORD, CT  
Permit No. 3937

“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Michael DiGiovancarlo  
74th District



860-240-8585



[Michael.DiGiovancarlo@cga.ct.gov](mailto:Michael.DiGiovancarlo@cga.ct.gov)



[housedems.ct.gov/DiGiovancarlo](http://housedems.ct.gov/DiGiovancarlo)



[facebook.com/RepDiGiovancarlo](https://facebook.com/RepDiGiovancarlo)

# STATE REPRESENTATIVE MICHAEL DIGIOVANCARLO

## CONNECTING YOU TO THE RESOURCES YOU NEED

### Energy Assistance

- Free Home Energy Audits: [energizect.com](http://energizect.com)
- CT Energy Assistance Program: New Opportunities Energy Assistance Program  
Call 203-756-8151 or visit [ctdss.force.com/heatinghelp/s/](http://ctdss.force.com/heatinghelp/s/)

### Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): [bit.ly/3SA4yNH](http://bit.ly/3SA4yNH) or 2-1-1
- Food Assistance for Women, Infants, and Children (WIC): [portal.ct.gov/DPH/WIC/WIC](http://portal.ct.gov/DPH/WIC/WIC) or call Waterbury's WIC Program 203-574-6785
- Help with SNAP and Other Food Assistance Programs: [endhungerct.org](http://endhungerct.org) or call 1-866-974-7627
- Mobile Food Pantry: [ctfoodshare.org](http://ctfoodshare.org) or call 2-1-1
- Salvation Army Waterbury Corps Food Pantry: 203-754-7056, 74 Central Avenue Waterbury, CT 06702

### Housing Assistance

- Eviction Prevention Fund:  
Call 1-844-864-8328
- C.A.N. (Homelessness Prevention):  
Call 2-1-1, then dial #2 and #1

### Unemployment Resources

- Unemployment Website:  
[portal.ct.gov/dol/Unemployment-Benefits](http://portal.ct.gov/dol/Unemployment-Benefits)
- Call 860-967-0493 or 1-800-956-3294

### Workforce Development

- Employment Opportunities:  
[portal.ct.gov/das](http://portal.ct.gov/das)
- Job Training:  
[www.ctdol.state.ct.us/gendocs/wa-programs.html](http://www.ctdol.state.ct.us/gendocs/wa-programs.html)

### Senior Care

- Assistance Programs:  
[portal.ct.gov/AgingAndDisability](http://portal.ct.gov/AgingAndDisability)
- Support for Caregivers: [bit.ly/3Z9wrOw](http://bit.ly/3Z9wrOw)

### Veteran Assistance

- VA District Office: 55 West Main Street, Suite 140, Waterbury, 203-805-6340
- Veterans Crisis Line: 1-800-273-8255
- Veterans Outpatient Clinic: St. Mary's Hospital Medical Office Building, Suite 203, 133 Scovill Street, Waterbury, 203-465-5292

### Mental Health

- For Crisis Scenarios call 2-1-1
- Access Line for access to substance use treatment 1-800-563-4086
- The Western CT Mental Health Network - Waterbury Area (WCMHN), 95 Thomaston Avenue, Waterbury, 203-805-5300

---

Stay up-to-date by signing up for my e-blasts online at [housedems.ct.gov/DiGiovancarlo](http://housedems.ct.gov/DiGiovancarlo) or scan the code with your phone



SCAN ME