

Deputy Majority Leader/STATE REPRESENTATIVE

PATRICIA DILLON

Dear neighbor,

COVID-19 has caused great suffering and disrupted jobs, our children’s education and our lives. My condolences to those who have suffered or lost loved ones to this disease.

HOW DO WE PROTECT OUR COMMUNITIES AND OURSELVES?

We can infect others even if we don’t show symptoms. When we wear masks, stop shaking hands, get tested, stay home, avoid large gatherings, wash hands thoroughly, and stand six feet apart - ‘social distancing’ - we reduce the risk of getting infected and infecting others. So far, this behavior has ‘flattened the curve,’ freed up hospital beds and slowed down the virus in Connecticut.

Our community raced to collect protective equipment (PPE) for first responders. We bagged masks to distribute in the community and produced masks too. We brought food to our neighbors. We raised needed dollars for programs that serve those in need and newly jobless. We did well.

But the virus is still here. As businesses re-open, until treatments are available, our own behavior - getting tested, self-isolating if you are positive, wearing masks, and social distancing - will protect us and our loved ones.

THIS SUMMER, PROTECTING OUR COMMUNITY IS UP TO US.



If you need assistance, please reach out to my office with questions or concerns at: 1-800-842-8267 or Patricia.Dillon@cga.ct.gov. I wish you and your loved ones safety and good health.

A handwritten signature in cursive script, appearing to read 'Patricia Dillon'.

Sign up for my e-newsletter for COVID-19 information and other updates on my website at www.housedems.ct.gov/Dillon



DEPUTY MAJORITY LEADER/STATE REPRESENTATIVE

PATRICIA DILLON

PROUDLY SERVING NEW HAVEN



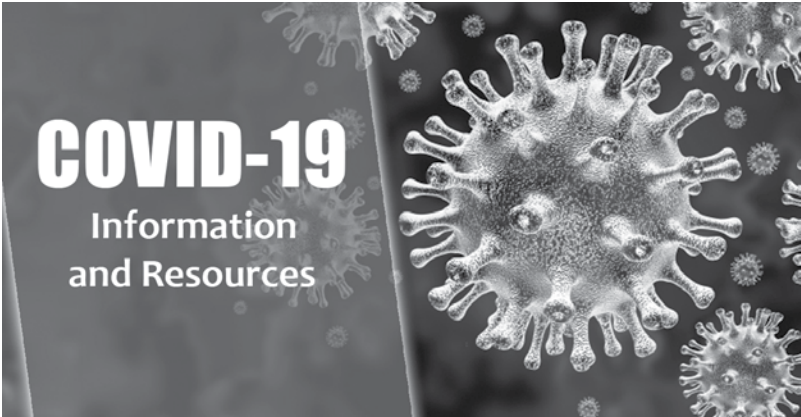
Phone: 1-800-842-8267 | 860-240-8585
e-mail: Patricia.Dillon@cga.ct.gov
Legislative Office Building, 300 Capitol Avenue
Hartford, CT 06106
www.housedems.ct.gov/Dillon

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PATRICIA DILLON



We are Here for You.



STATE REPRESENTATIVE PATRICIA DILLON

FOR THE LATEST ON STATE RESPONSE EFFORTS, DIAL 2-1-1 OR VISIT [CT.GOV/CORONAVIRUS](https://www.ct.gov/coronavirus)

FOOD AND NUTRITION



SENIORS: Meal & Food Pantry Delivery Seniors who are New Haven residents can receive food pantry and meal deliveries through the City of New Haven Elderly Services Department. Residents must be 55+ years old for groceries and 60+ years old for meals. Call 203-946-8550 for further information.

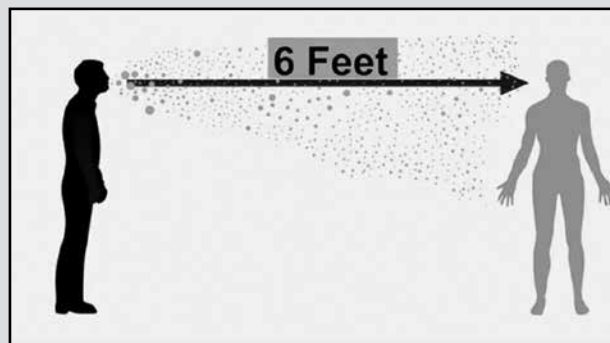
SNAP Benefits Supplemental Nutrition Assistance Program (SNAP- food stamps) is assistance to eligible individuals and families for purchasing nutritious food at participating entities. Benefits are deposited monthly to an Electronic Benefit Transfer (EBT) account. Account holders are given a plastic EBT card that can be swiped like a regular credit/debit card. End Hunger CT! can help you find out if you are eligible. Use the online pre-screener or call 866-974-SNAP (7627) to speak with a call center associate, available 7 days a week in English and Spanish.

UNEMPLOYMENT AND HOUSING

JOB LOSS/HOURS REDUCED: You may be eligible for benefits. To find out more, visit: www.ctdol.state.ct.us/DOLCOVIDFAQ.PDF

HOUSING ASSISTANCE: Dial 2-1-1, press #3 then #4 if you have a housing emergency. Participating financial institutions are now offering mortgage payment forbearances of up to 90 days, allowing homeowners to reduce or delay mortgage payments.

WHO'S AT RISK?



Anyone can be infected. Some face greater health risks than others including people over the age of 65, racial minorities, those with underlying health conditions (such as diabetes), and people who are overweight.

WHAT INCREASES RISK?

- Proximity to others which includes: residents and staff of congregate settings such as nursing homes, ships (military or recreational), correctional facilities; participants in large gatherings such as concerts, sporting events, religious services, and crowded airports.
- Work risk – first responders; health, transit, grocery, and factory workers

CAN RISK BE REDUCED? Yes - by proper mask wearing, hand washing, and social distancing.

WILL PROGRESS BE SET BACK BY WARMER WEATHER? IT'S UP TO US

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TESTING

Testing helps identify the infected so they can self-isolate and avoid infecting others. People can be infected and not show symptoms. Sometimes tests miss an infection (false negative) or your condition can change, so it's worth it to get tested more than once if possible. All testing is available at no cost.

CITY OF NEW HAVEN TESTING SITES

covid19.newhavenct.gov No internet access? Call 211 for a testing appointment.

DRIVE THROUGH, RAPID TESTING, APPOINTMENT ONLY: CVS drive through www.cvs.com/minuteclinic/covid-19-testing

IN OFFICE, APPOINTMENT ONLY: Murphy Medical Associates 1312 Chapel St. (corner of Chapel and Day) Offers non-symptomatic COVID-19 testing. Online registration required, coronatestct.com. Call for assistance: 203-658-6051.

Open Daily: Mon., Tu., Fri. - Sun. 8am to 4pm; Wed. and Thurs. 1 pm - 4 pm.



**DIAL 2-1-1 FOR ASSISTANCE OR TO REPORT COVID VIOLATIONS,
VISIT [CT.GOV/CORONAVIRUS](https://www.ct.gov/coronavirus) FOR THE
LATEST ON STATE RESPONSE EFFORTS**