



STATE REPRESENTATIVE

TAMMY RUSH EXUM

19TH ASSEMBLY DISTRICT

PROUDLY SERVING WEST HARTFORD, AVON & FARMINGTON

PHONE: 860.240.8585

EMAIL: TAMMY.EXUM@CGA.CT.GOV

WWW.HOUSEDEMS.CT.GOV/EXUM

WWW.FACEBOOK.COM/STATEREPEXUM

HELPFUL SERVICES & PROGRAMS IN OUR AREA

Dear Neighbor,

I want to start off by thanking you for your support and allowing me the privilege of representing you in the Connecticut General Assembly. I consider it an honor and will work hard to validate the trust you have placed in me.

The 2019 legislative session came to a close on June 5th and despite starting my term at the end of April, I am very satisfied with many of the results our delegation was able to produce for Avon.

Please keep in touch and feel free to contact me with your issues, concerns and suggestions as to how I can better serve you. Your input will help make our community an even better place to live and work. Thank you for allowing me the honor of serving you.

Sincerely,

PRSRT STD
U.S. POSTAGE
PAID
HARTFORD, CT
Permit No. 3937





STATE REPRESENTATIVE
**TAMMY
 RUSH EXUM**
 WEST HARTFORD, AVON & FARMINGTON

HELPFUL SERVICES AND PROGRAMS

Call the 2-1-1 Infoline - Infoline is a toll-free help line that is available 24 hours a day. It's the confidential, free, and multilingual way to locate services in your area. Caseworkers are trained in crisis intervention. Infoline is not for emergency police, fire, or medical assistance.

Avon Youth Services- The Avon Youth Services Bureau is dedicated to enhancing youth development, enriching families and promoting healthy communities. The Avon Youth Services Bureau also serves as a resource for children and their families by providing emotional support through brief assessment, short term counseling, and referral services, by appointment only. They can be reached at 860.409.4394

Contact the Office - If you need any assistance or have ideas on how to make Avon and the state of Connecticut better, feel free to contact my office. I can be reached at 860.240.8585 or by emailing Tammy.Exum@cga.ct.gov.

FOR ADDITIONAL COMMUNITY SUPPORT SERVICES:

Connecticut 2-1-1	211 or 800.203.1234	www.211ct.org
Avon Town Hall	860.409.4300	www.avonct.gov

SERVICES FOR THE ELDERLY

Avon Senior Center	860.675.4355	avonct.gov/senior-center
Avon Dial-a-Ride	860.693.6876	avonct.gov/senior-center/pages/dial-a-ride
AARP	866.295.7279	local.aarp.org/west-hartford-ct
LeadingAge Connecticut	203.678.4477	www.leadingagect.org

SERVICES FOR ENERGY & HEAT

Eversource Energy Payment Plan	800.286.2000	www.eversource.com
CNG Matching Payment Plan	800.727.3034	www.cngcorp.com
CRT Energy Assistance	860.560.5800	www.crtct.org/en

SERVICES FOR EDUCATION

Avon Public Schools	860.404.4700	www.avon.k12.ct.us
CT Department of Education	860.713.6707	www.state.ct.us/sde
CT Parent Advocacy Center	860.739.3089	www.cpacinc.org

Please sign up for my email blasts and like my page on Facebook to receive information on a daily basis. I will also be posting upcoming events in the district on my Facebook page.