

# **RESOURCES TO HELP YOU!**

### FROM REPRESENTATIVE JANE GARIBAY WINDSOR'S VOICE AT THE STATE CAPITOL

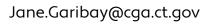
My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

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"If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly."

- Representative Jane Garibay

- 860-240-8585



housedems.ct.gov/Garibay



### STATE REPRESENTATIVE JANE GARIBAY CONNECTING YOU TO THE RESOURCES YOU NEED

#### **Energy Assistance**

- Free Home Energy Audits: energizect.com
- Emergency Heating Assistance: Operation Fuel: **operationfuel.org** or 2-1-1
- CT Energy Assistance Program: Community Renewal Team (CRT) Call 860-560-5800 or www.crtct.org
- Windsor Fuel Bank/Operation Fuel: Call Town of Windsor Social Services at 860-285-1839

#### **Housing Assistance**

- Eviction Prevention Fund: Call 1-844-864-8328
- C.A.N. (Homelessness Prevention): Call 2-1-1, then dial #2 and #1

#### **Unemployment Resources**

- Unemployment Website: portal.ct.gov/dol/Unemployment-Benefits
- Call 860-967-0493 or 1-800-956-3294

#### Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants and Children (WIC): portal.ct.gov/DPH/WIC/ WIC or call 860-757-4860
- Help with SNAP and Other Food
  Assistance Programs: endhungerct.org or
  call 1-866-974-7627
- Mobile Food Pantry: ctfoodshare.org or call 2-1-1
- Local Food Pantry: Windsor Food and Fuel Bank: 860-986-3221

#### **Senior Care**

- Assistance Programs: portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw
- Windsor Senior Services: 860-285-1992

#### Workforce Development

• Employment Opportunities: portal.ct.gov/das

## **NEED ASSISTANCE?**

I am here to help with:

- Business Support
- Health Insurance
- Mental Health Services
- Navigating State Agencies
- Resources for Seniors
- Veterans Benefits
- Unemployment
- Energy Assistance
- Housing Assistance
- Food Assistance

Stay up-to-date by signing up for my e-blasts online at housedems.ct.gov/Garibay or scan the code with your phone

