## State Representative JOSEPH P. GRESKO



**Important: COVID-19 Information** 

In these challenging and unsettling times, it's important you get the most current, factual information to protect yourself, your family and our community. Being isolated and confined to our homes can be difficult and frustrating. The links below provide updates relating to COVID-19.

I will continue to work to keep you informed, connected, and protected. Helping one another through this proves Stratford is tough and resilient. I wish you and your families all the best. Please stay safe and healthy!

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Legislative Office Building, Hartford, CT 06106-1591 Phone: 860-240-8585 | 1-800-842-8267 Email: Joseph.Gresko@cga.ct.gov www.housedems.ct.gov/Gresko Facebook.com/RepJoeGreskoStratford

# State Representative JOSEPH P. GRESKO

## For More COVID-19 Information

ONLINE: Go to CT.GOV/CORONAVIRUS for up to date response and public information on the virus and related matters like unemployment. I also share daily updates from the state at FACEBOOK.COM/RepJoeGreskoStratford and through E-Blasts you can join by emailing me at JOSEPH.GRESKO@CGA.CT.GOV

### PHONE:

**Call 2-1-1** for general questions and assistance 24 hours a day. The line also has multilingual assistance and TDD/TTY access for hearing impaired. You can also text **CTCOVID to 898211.** 

### What Is Coronavirus/COVID-19?

Coronavirus is (Coronavirus Disease 2019) is a respiratory illness spread from person to person contact. There are many forms of coronaviruses, but COVID-19 is a new disease, not previously seen in humans, causing this global pandemic with many cases here in Stratford. Symptoms may include cough, fever, and difficulty breathing. If you are sick, you should call your physician or visit a outdoor testing location like the one off exit 46 of I-95 in New Haven. Go to **CT.GOV/ CORONAVIRUS for more information about COVID-19**.



#### **BROAD BAND INTERNET ACCESS:**

Major carriers/ISP's are offering low cost options for High Speed Internet for households with students distanced learning in Stratford. Information for those that qualify and how to change to this option can be found at this link **Frontier.com/resources/ discountprograms/lifeline program/Connecticut** and **www.alticeadvantageinternet.com** 



#### WEAR A MASK:

The Governor signed an executive order encouraging people to stay in their homes unless running essential errands and wearing a face mask in public to reduce risk of getting infected or infecting others with COVID-19

### 6 + FEET:



The CDC says that COVID-19 can be spread to people within at least six feet and that people who have the virus without symptoms are contagious.



### Wash Hands and Sanitize Surfaces Frequently