



RESOURCES TO HELP YOU!

FROM REPRESENTATIVE JOSEPH P. GRESKO STRATFORD'S VOICE AT THE STATE CAPITOL

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

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“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Joseph P. Gresko



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housedems.ct.gov/Gresko



facebook.com/RepJoeGreskoStratford

STATE REPRESENTATIVE JOSEPH P. GRESKO CONNECTING YOU TO THE RESOURCES YOU NEED

Energy Assistance

- Free Home Energy Audits: energizect.com
- Emergency Heating Assistance:
Operation Fuel: operationfuel.org or 2-1-1
- CT Energy Assistance Program:
Local office, Alliance for Community
Empowerment at 203-366-8241 or visit
ctdss.force.com/heatinghelp/s/

Food Assistance

- Supplemental Nutrition Assistance
Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants and
Children (WIC): [portal.ct.gov/DPH/WIC/
WIC](http://portal.ct.gov/DPH/WIC/WIC) or call local WIC office 203--333-9200
- Help with SNAP and Other Food
Assistance Programs: endhungerct.org or
call 1 (866) 974-7627
- Mobile Food Pantry: ctfoodshare.org or
call 2-1-1
- Local Food Pantry: sterlinghousecc.org
- 2283 Main St. Stratford, CT 06645
- 203-378-2606

Stratford South End Community Food Pantry, 203-377-0689

Housing Assistance

- Eviction Prevention Fund:
Call 1-844-864-8328
- C.A.N. (Homelessness Prevention):
Call 2-1-1, then dial #2 and #1

Unemployment Resources

- Unemployment Website:
portal.ct.gov/dol/Unemployment-Benefits
- Call 860-967-0493 or 1-800-956-3294

Workforce Development

- Employment Opportunities:
portal.ct.gov/das
- Job Training:
ctdol.state.ct.us/gendocs/training.html

Senior Care

- Assistance Programs:
portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw

NEED ASSISTANCE?

I am here to help with:

- **Business Support**
- **Health Insurance**
- **Mental Health Services**
- **Navigating State Agencies**
- **Resources for Seniors**
- **Veterans Benefits**
- **Unemployment**
- **Energy Assistance**
- **Housing Assistance**
- **Food Assistance**

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housedems.ct.gov/Gresko
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