

Simsbury's State Representative
JOHN HAMPTON

Dear Neighbor,

The state has declared a public health emergency to combat COVID-19, a respiratory disease that has impacted our town, state, country, and world. With social distancing and other orders public health and elected officials have been doing their best to manage flattening the curve and limiting the spread of the virus. However, we truly must thank and recognize the true heroes of this pandemic, our healthcare workers, first responders and essential workers who have been on the front lines. I would also like to thank everyone for their cooperation and looking out for each other.

This mailer provides information to help keep you up-to-date as experts learn more and officials act to fight the pandemic.

I want you to know that I am here to help you and your family and together we will get through this. Please reach out to my office if you have any questions or concerns. Wishing you and your family safety and good health. You can reach me by email at John.Hampton@cga.ct.gov or by phone at 860-240-8568.



State Representative John Hampton
16th District

FOR MORE IMPORTANT COVID-19 UPDATES

SIGN UP FOR MY E-BLASTS

SIGN UP ONLINE AT:

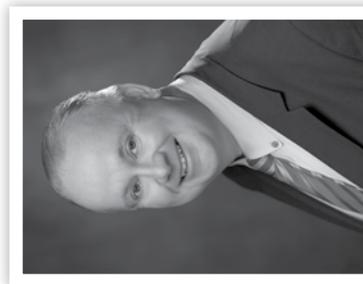
www.housedems.ct.gov/Hampton

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SIMSBURY'S STATE REPRESENTATIVE

JOHN HAMPTON

PROUDLY SERVING SIMSBURY



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JOHN HAMPTON



COVID-19
Information
and Resources



SIMSBURY'S STATE REPRESENTATIVE JOHN HAMPTON

FOR THE LATEST ON STATE RESPONSE EFFORTS, DIAL 2-1-1 OR VISIT CT.Gov/CORONAVIRUS

What Is Coronavirus/COVID-19?

COVID-19 (Coronavirus Disease 2019) is a respiratory illness spread from person to person contact. Symptoms may include cough, fever, and difficulty breathing and may appear 2-14 days after exposure.



Health Services

Think you have COVID-19? Visit CDC.gov for a list of symptoms.

If you think you need to be tested for coronavirus, consult your doctor. At this time, you cannot receive a test without a doctor's prescription. The state is working with our hospitals to establish testing sites. To find a site, call 2-1-1.

HUSKY members can receive medical and behavioral health services from their health care providers by audio-only telephone or video conferencing.



Housing Assistance

Dial 2-1-1 and press #3 then #4 if you are in a housing emergency.

Participating financial institutions are now offering mortgage-payment forbearances of up to 90 days, allowing homeowners to reduce or delay mortgage payments. The Governor has also prohibited eviction notices for non-payment of rent until July 1st and granted a 60-day grace period for April and May rent. Municipalities are also required to enact options for providing temporary property tax forbearance with reduced interest on delinquent tax payments.

Visit CDC.gov and CT.gov/coronavirus for national and statewide notices or dial 2-1-1. Visit www.simsbury-ct.gov for the latest on local issues



STAY HOME

The Governor signed an Executive Order that encourages people to stay in their homes unless running essential errands and closes all businesses not deemed essential until **further notice to slow the spread of COVID-19**.



STAY 6 + FEET FROM OTHERS

The CDC says that COVID-19 can be spread to people within at least six feet of one another and that people who have the virus without symptoms are contagious.



WEAR MASK IN PUBLIC

If you have to leave the house, the federal government recommends that you wear a non-medical face mask to reduce the risk of getting infected or infecting others with COVID-19.



WASH HANDS AND SANITIZE SURFACES FREQUENTLY



Economic Relief

Visit ct.dol.state.us to access a FAQ sheet on the rights of employees and employers as well as the form to file for unemployment. With the new CARES Act passed by Congress the new Pandemic Unemployment Insurance becoming available includes an extra \$600 per week and also makes those who are self employed, independent contractors and Gig economy workers eligible. The assistance also includes a 13 week extension for those who exhaust their regular 26 weeks of benefits.

The state and federal government offer a number of programs to support small businesses.

To learn more, call the DECD hotline at 860-500-2333 or visit ct.gov/decd.

The DRS has extended filing and payment deadlines for personal income tax returns to July 15, 2020. This includes quarterly estimated income tax payments. There are also extensions for sales and use tax payments made by businesses for March and April until May 31st.



Food and Nutrition

For Meals on Wheels: call 860-560-5848.

Soup Kitchen and Food Pantry Services:

For food assistance please call Simsbury Social Services for the Food Closet at 860-658-3283. If you or a family member are in a health crisis and need meals please reach out to Healing Meals Community Project at 860-264-5864 or visit: healingmealsproject.org/contact. Residents can also call 2-1-1 infoline or visit www.211ct.org for a list or other types of assistance.

To apply for SNAP benefits: visit ct.gov/DSS.