

IMPORTANT TELEPHONE NUMBERS

CONNECTICUT INFOLINE	2-1-1
SIMSBURY SENIOR CENTER	860-658-3273
SIMSBURY ELDERLY SERVICES	860-658-3283
SIMSBURY VETERANS' RESOURCE CENTER	860-658-3274
DEPARTMENT OF SOCIAL SERVICES	855-626-6632
CONSUMER PROTECTION	800-842-2649
OFFICE OF THE HEALTHCARE ADVOCATE	866-466-4446
MEDICARE	800-633-4227
CENTER FOR MEDICARE ADVOCACY	800-262-4414
CONNECTICUT FAIR HOUSING CENTER	888-247-4401
STATEWIDE LEGAL SERVICES OF CONNECTICUT	800-453-3320

STATE REPRESENTATIVE

JOHN HAMPTON

REPRESENTING SIMSBURY | 16TH ASSEMBLY DISTRICT

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Hartford, CT 06106-1591
Capitol: 1-800-842-8267
www.housedems.ct.gov/Hampton

Dear Friends,

As a member of the Aging Committee, I continue to be a strong voice for senior citizens at the State Capitol.

I am promoting legislation that will enhance the lives of seniors, providing them the very best in healthcare, housing, employment and transportation.

It is so very important to me that you have access to as much information as possible on ways your state government helps seniors, veterans and the disabled.

This report includes valuable resources that I hope you will find helpful. If you have any questions or concerns regarding these programs or any issues of importance that you wish to discuss, please feel free to contact me at any time.

Best wishes,



STATE REPRESENTATIVE
**JOHN
HAMPTON**



www.facebook.com/StateRepHampton



www.twitter.com/RepJohnHampton

FREE CONSUMER LEGAL SERVICES FOR SENIORS

The Consumer Law Project for Elders (a project of Connecticut Legal Services, Inc.) provides free legal assistance to Connecticut residents 60 or older who have questions about consumer rights, debt or collection problems, bills for items never purchased, identity theft, bankruptcy, and unfair and undisclosed loan terms. For more information, call 800-296-1467.



Representative Hampton meets with a group from the Simsbury Senior Center on their visit to the State Capitol.

LONG-TERM CARE

Long-Term Care helps provide for the needs of people who are chronically ill, disabled or who can't care for themselves. Connecticut has joined forces with private insurance companies to form the Long-Term Care Partnership to provide helpful information in finding quality care without having to deplete their assets. If you would like to find out more information about Long-Term Care policies, please call the Connecticut Partnership for Long-Term Care at 800-547-3443.

CONNECTICUT HOME CARE PROGRAM FOR ELDERLY

Many seniors are blessed with family members who can provide needed care at home, rather than nursing home care. But that can be burdensome and costly. Help is available from the Connecticut Home Care Program for Elders. For information, brochures, and applications, call the Alternative Care unit at the Connecticut Department of Social Services at 800-445-5394.

CHOICES PROGRAM

Need help understanding Medicare and other health insurance options? CHOICES (Connecticut Health insurance assistance, Outreach, Information and referral, Counseling, and Eligibility Screening) is an information source for services available to people 60 and older, and those with disabilities. CHOICES can also provide referrals to state agencies for particular service needs. For information about your Medicare and health insurance coverage, call a counselor at 800-994-9422.



READY TO WORK PROGRAM

A Senior Community Service Employment Program funded through the U.S. Department of Labor enables us to provide job skills training to low-income Individuals, age 55 and older in Connecticut. Ready to Work participants are placed in temporary training assignments where they gain valuable on-the-job work experience and training needed to gain meaningful employment. Participants will work 20 hours a week. For additional information about Ready to Work, please call 860-424-5643.

OFFICE OF ADVOCACY AND ASSISTANCE FOR VETERANS

The Office of Advocacy and Assistance helps veterans, as well as their eligible dependents, to obtain benefits available under federal, state and local laws. Based on legislation passed a couple of years ago, we have established a Veterans Service contact with each town. Simsbury's local contact is Sean Kimball who can be reached at 860-658-3274. You may also contact the Veterans Infoline at 866-928-8387.



Retired Army Veteran Jason Lill of Simsbury with Rep. Hampton after testifying on a bill he introduced to exempt military pay from the state income tax.

LET'S STAY IN TOUCH. SIGN UP FOR EMAIL UPDATES AT: WWW.HOUSEDEMS.CT.GOV/HAMPTON