

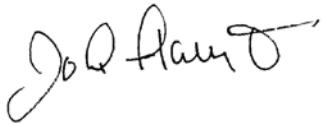
SIMSBURY'S STATE REPRESENTATIVE
JOHN HAMPTON

WORKING FOR OUR SENIORS

Dear Neighbor,

Reducing the cost of living for all of Simsbury residents is a priority for me every day, especially for senior citizens and those on fixed incomes. As Vice-Chair of the Aging Committee, I am glad that we have worked on taking a major step in that direction. Many seniors are now exempt from state income tax on their social security and a portion of their pensions. I will continue to work diligently to improve the quality of life here in Simsbury and to make sure our state is a great place for all residents to live, work and retire. If you have any questions or if I can support you in any way, please feel free to call my office at 860-240-8585 or email me at john.hampton@cga.ct.gov. Thank you.

Sincerely,



Simsbury's State Representative John Hampton

Phone: 860-240-8568
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Legislative Office Building,
300 Capitol Avenue, Hartford, CT 06106
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SIMSBURY'S STATE REPRESENTATIVE
JOHN HAMPTON

16TH HOUSE DISTRICT



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**Social Security And Pensions Now
 State Income Tax Exempt**

Social Security is now state income tax exempt if you make less than \$100,000 (married) or \$75,000 (individual) per year. If you make more than those amounts, 75% of your Social Security income is exempted from state income tax. Beginning this past year, a percentage of your pension or annuity is exempted from state income taxes until 2025 when it will be 100% exempt, helping seniors afford to remain in CT. Qualifying income limits are \$75,000 for single filers or married people filing separately and \$100,000 for married people filing jointly.

| Tax Year | Percent of Pension and Annuity Income Exempt from Income Tax |
|---------------------|--|
| 2019 | 14 |
| 2020 | 28 |
| 2021 | 42 |
| 2022 | 56 |
| 2023 | 70 |
| 2024 | 84 |
| 2025 and thereafter | 100 |

Tackling Dementia and Alzheimer's disease

In order to ensure the proper care for seniors, we modified continuing education requirements for physicians to include diagnosing and treating cognitive conditions, including Alzheimer's disease, dementia, delirium, related cognitive impairments and geriatric depression.

CHOICES Program

Need help understanding Medicare and other health insurance options? CHOICES is an information source for services available to people age 60 and over, and those with disabilities. You can contact a counselor at 1-800-994-9422 for information about your Medicare and health insurance coverage.

Background Checks for Caregivers

To keep potentially dangerous people away from our loved ones, we made it easier to do background checks on individuals seeking jobs that require contact with our elderly population. We have charged the Commission on Women, Children and Seniors to convene a working group to develop strategies to raise public awareness about the available information on caregivers.



Recognizing Cadet Nurse Corps

This session, I co-introduced a resolution that petitions the United States Congress to amend federal law to recognize as veterans members of the Cadet Nurse Corps who served during World War II. If enacted by Congress, these brave nurses will finally be recognized as veterans and be eligible for VA benefits for their bravery in answering the call of duty when their country needed them. This includes our very own Simsbury resident Alice Johnson and the late Irene Wilks Walker, (Left to Right: Department of Veterans Affairs Commissioner Thomas J. Saadi, Committee on Veterans' Affairs Chair Sen. James Maroney, Alice Johnson, Donna Johnson (Daughter), Rep. John Hampton, Ben Walker (husband of Irene Wilks Walker)).

Veterans Hall of Fame Honors Len Lanza

In early December, I was so thrilled to be present as Simsbury's own Len Lanza was inducted into the CT Veterans Hall of Fame. This was such a well deserved honor for this extraordinary man. I was proud to nominate him for this special recognition. Dr. Lanza was acclaimed for his incredible service in the U.S. Navy, his outstanding career as a teacher and administrator, his dynamic community leadership and tireless volunteer efforts on behalf of those in need.



Simsbury Seniors Forum

On November 12th, I was pleased to be able to host a Seniors Forum with Lt. Governor Susan Bysiewicz as well as a group of panelists from the AARP, the Center for Medicare Advocacy, Simsbury Social Services and the Simsbury Aging and Disability Commission among many other offices. We discussed many issues, ranging from prescription drugs, healthcare, aging in place, and senior income tax exemptions. If you ever have any questions about any of these issues or have ideas for what more we can be doing to help seniors, please contact my office.

