

RESOURCES TO HELP YOU!

FROM REPRESENTATIVE ANNE HUGHES EASTON & REDDING'S VOICE AT THE STATE CAPITOL



My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

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“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Anne Hughes



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STATE REPRESENTATIVE ANNE HUGHES CONNECTING YOU TO THE RESOURCES YOU NEED

Assistance with Aid Applications

- Easton residents: Call Team Inc: 203-736-5420
- Redding residents: Call Community Action Agency of Western CT, 203-790-4700

Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants and Children (WIC): ct.gov/DPH/WIC or call Hispanic Health Council 860-757-4860
- Help with SNAP and Other Food Assistance Programs: endhungerct.org or call 1-866-974-7627
- Mobile Food Pantry: ctfoodshare.org or call 2-1-1
- Easton Local Food Pantry: 650 Moorehouse Rd, 860-561-7569
- Redding Local Food Pantry: 203-938-9725
- Meals on Wheels for Easton Residents: 203-814-3698
- Meals on Wheels for Redding Residents: 203-757-5449

Housing Assistance

- Eviction Prevention Fund: Call 1-844-864-8328
- C.A.N. (Homelessness Prevention): Call 2-1-1, then dial #2 and #1

Unemployment Resources

- Unemployment Website: portal.ct.gov/dol/Unemployment-Benefits
- Call 860-967-0493 or 1-800-956-3294

Workforce Development

- State Employment Opportunities: portal.ct.gov/das
- Job Education and Training: jobs.ct.gov

Healthcare and Paid Leave Assistance

- CT Paid Leave Authority: ctpaidleave.org
- Center for Medicare Advocacy: 800-262-4414
- Office of the Healthcare Advocate: 866-466-6632
- Department of Social Services: 855-626-6632

NEED ASSISTANCE?

I am here to help with:

- **Business Support**
- **Health Insurance**
- **Mental Health Services**
- **Navigating State Agencies**
- **Resources for Seniors**
- **Veterans Benefits**
- **Unemployment**
- **Energy Assistance**
- **Housing Assistance**
- **Food Assistance**

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