2010 Population, by County

County	Population	% of State
Fairfield	916,829	25.7%
Hartford	894,014	25.0%
New Haven	862,477	24.1%
New London	274,055	7.7%
Litchfield	189,927	5.3%
Middlesex	165,676	4.6%
Tolland	152,691	4.3%
Windham	118,428	3.3%
State Population	3,574,097	

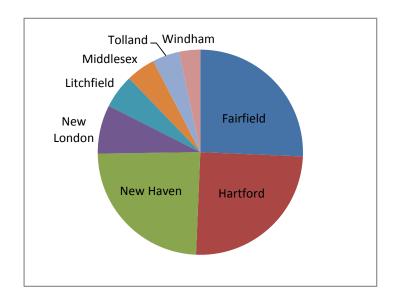
Source: 2010 U.S. Census (Summary File 1, Table P1)

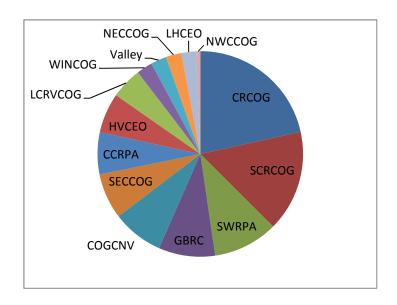
2010 Population, by RPO

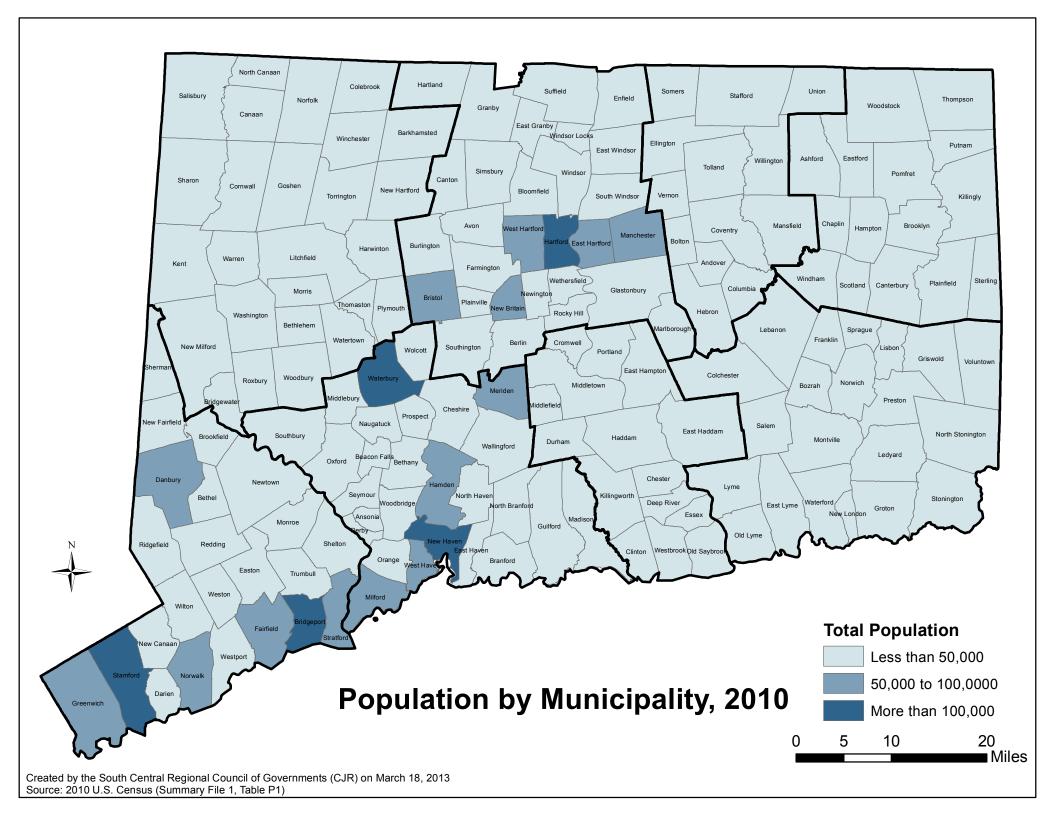
Regional Planning Organization	Population	% of State
Capitol Region COG	769,598	21.5%
South Central Regional COG	570,001	15.9%
South Western RPA	364,519	10.2%
Greater Bridgeport Regional Council	318,004	8.9%
COG of the Central Naugatuck Valley	287,768	8.1%
Southeastern Connecticut COG	256,738	7.2%
Central Connecticut RPA	235,878	6.6%
Housatonic Valley CEO	224,616	6.3%
Lower Connecticut River Valley COG	175,685	4.9%
Windham Region COG	88,974	2.5%
Valley COG	88,250	2.5%
Northeastern Connecticut COG	88,120	2.5%
Litchfield Hills CEO	83,174	2.3%
Northwestern Connecticut COG	22,772	0.6%

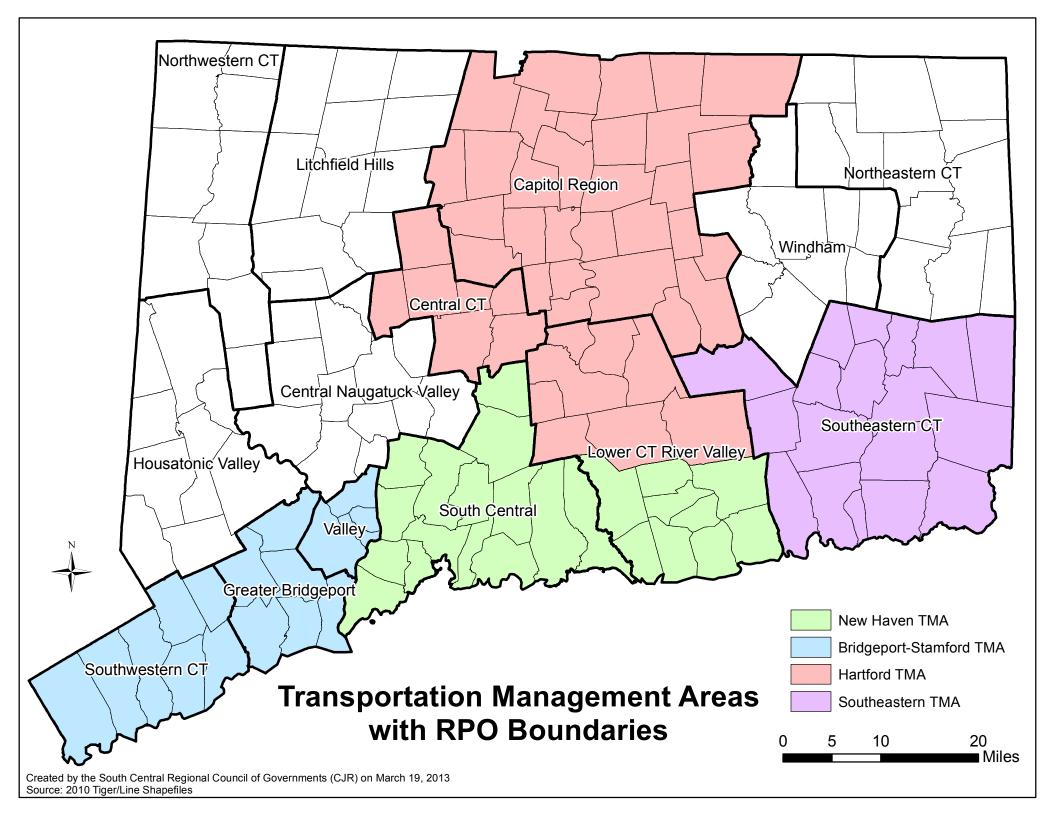
State Population 3,574,097

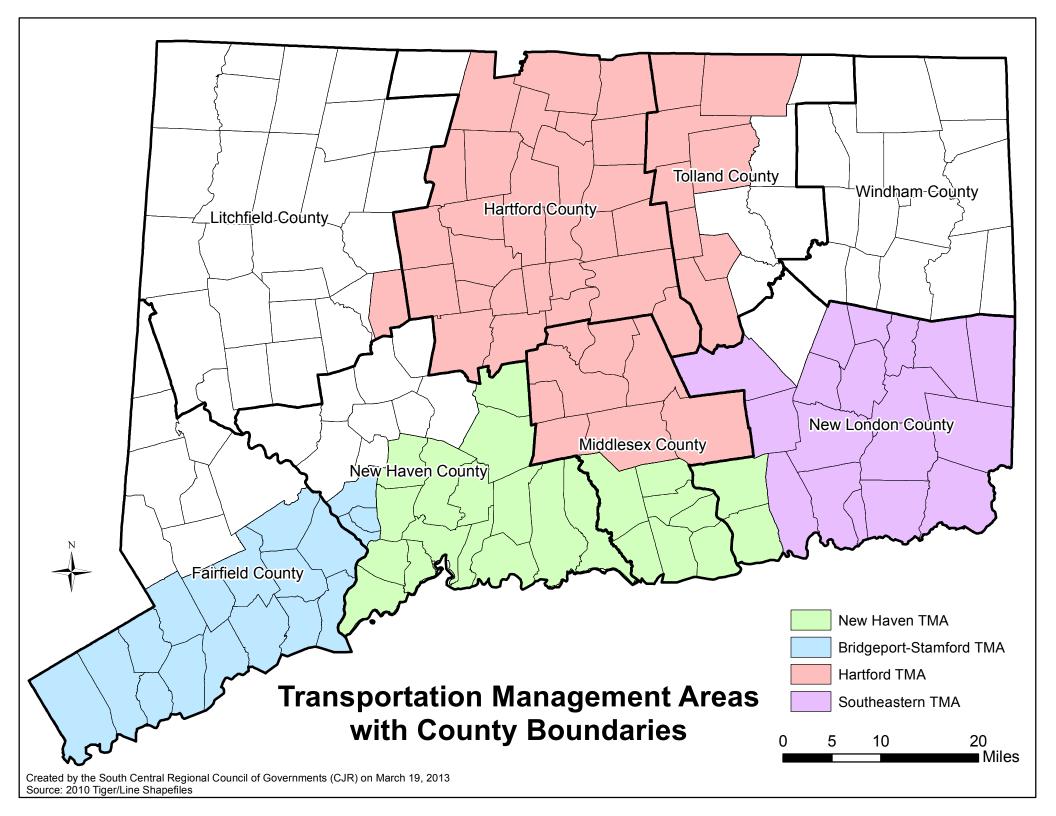
Source: 2010 U.S. Census (Summary File 1, Table P1)

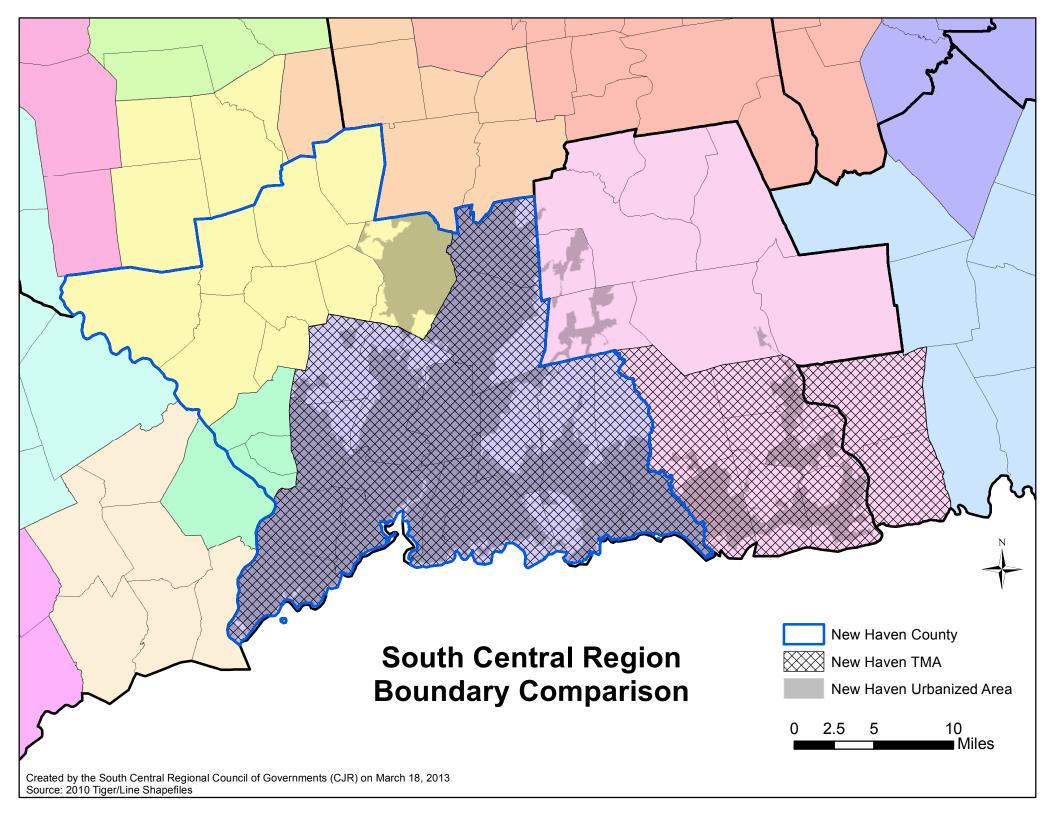












Each of the urban RPOs is part of a metropolitan planning organization (MPO). Greater Bridgeport Regional Council (7) and Valley Council of Governments (6), work jointly on MPO related duties as one board. And, the Lower Connecticut River Valley Council of Governments (11/12) was recently formed from two separate planning regions. As such, at the time of this publication, the RPO is still designated as two separate MPOs by the federal government.