

Please check the boxes below and indicate which important issues you would like more information about.

- Health Care Bullying
 The Cost of Energy Other
 Helping Seniors with Grocery Bills

COMMENTS

NAME

ADDRESS

TOWN & ZIP

YOUR E-MAIL

Save a stamp!

Reply at my website or call my office:

www.housedems.ct.gov/Nicastro

860.240.8585



HOUSE DEMOCRATS of CONNECTICUT

860.240.8585 | www.housedems.ct.gov/Nicastro

FRANK N. NICASTRO, SR.

ASSISTANT MAJORITY LEADER

Serving Bristol/Forestville | 79th Assembly District

Legislative Office Building, Room 4034
Hartford, CT 06106-1591

During the 2011 session, the legislature had its hands full working to address the state budget crises and encouraging job growth.

While these issues are my main priority and dominate the headlines, there are other important bills I supported that impact our community that you should be aware of.

As always, please don't hesitate to contact me with your thoughts and ideas.

Sincerely,

PRSRT STD
U.S. POSTAGE
PAID
HARTFORD, CT
Permit No. 3937

Cut along dotted line.





State Representative | Bristol/Forestville

FRANK N. NICASTRO, SR.

AFFORDABLE, QUALITY HEALTH CARE

This session, the legislature further reduced the cost of health care. These costs are an enormous hardship on individuals and families, and are hindering further development and job growth in our state. In particular, I supported a health care bill that allows non-profit organizations and municipalities to join the state pool to purchase quality, affordable health insurance, saving them and the state millions of dollars.

HELPING SENIORS WITH GROCERY BILLS

The Supplemental Nutrition Assistance Program (SNAP), the old Food Stamp program, has expanded its income requirements and benefit amounts, making it easier for more seniors to qualify for and afford their groceries. A household of two can earn up to \$2,248 monthly and still qualify for assistance. More information is available at: www.ct.gov/SNAP | 800.742.6906

BULLYING

In November, the state’s Commission on Children held a forum on bullying and cyber-bullying and their effects on school performance, self-esteem and mental health. This session, I worked on legislation to teach educators and parents about cyber-bullying, establishing clear policies to prevent, identify and address it.

THE COST OF ENERGY

Businesses and residents of Connecticut currently pay some of the highest energy rates in the country – a full 15 percent higher than any other New England state. We can’t allow this to continue. That’s why I supported bills that reduced energy costs, helped overburdened residents and gave businesses additional capital that can be used to create and expand jobs.

Return the attached card to me or save a stamp & reply at my website or call my office:

www.housedems.ct.gov/Nicastro | 860.240.8585



Rep. Frank N. Nicastro, Sr.
Legislative Office Building, Room 4034
Hartford, CT 06106

Cut along dotted line.



PLACE
STAMP
HERE