

### **RESOURCES TO HELP YOU!**

# FROM REPRESENTATIVE ANTHONY NOLAN NEW LONDON'S VOICE AT THE STATE CAPITOL

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

PRSRT STD U.S. POSTAGE PAID HARTFORD, CT Permit No. 3937

"If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly."

– Representative Anthony Nolan



Anthony.Nolan@cga.ct.gov

housedems.ct.gov/Nolan

facebook.com/StateRepAnthonyNolan

## STATE REPRESENTATIVE ANTHONY NOLAN CONNECTING YOU TO THE RESOURCES YOU NEED

#### **Energy Assistance**

- Free Home Energy Audits: energizect.com
- Emergency Heating Assistance: Operation Fuel: **operationfuel.org** or 2-1-1
- CT Energy Assistance Program: Call TVCCA (860-425-6681) or visit ctdss.force.com/heatinghelp/s/

#### **Food Assistance**

- Supplemental Nutrition Assistance Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants and Children (WIC): portal.ct.gov/DPH/WIC/WIC or call 860-425-6620
- Help with SNAP and other Food Assistance Programs: endhungerct.org or call 1-866-974-7627
- Mobile Food Pantry: ctfoodshare.org or call 2-1-1
- Local Food Pantry: 120 Broad Street, New London OR 76 Federal Street, New London

#### **Housing Assistance**

- Eviction Prevention Fund: 1-844-864-8328
- Homelessness Prevention: Call 2-1-1, dial #2 and #1

#### **Unemployment Resources**

- Unemployment Website: portal.ct.gov/dol/Unemployment-Benefits
- Call 860-967-0493 or 1-800-956-3294

#### **Workforce Development**

- Employment Opportunities: portal.ct.gov/das
- Job Training: ctdol.state.ct.us/gendocs/training.html

#### **Senior Care**

- Assistance Programs: portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw
- NL Senior Center: 860-447-5232

#### **Veteran Assistance**

- VA District Office: 100 Broadway, Norwich City Hall or call 860-887-9162
- Veterans Crisis Line: 1-800-273-8255
- Veteran Outpatient Clinic: 6 Shaw's Cove, Suite 104, New London or 860-437-3611
- NL Veterans Affairs Committee, 860-440-6691 or DVA@newlondonct.org

#### **NEED ASSISTANCE?**

I am here to help with:

- Business Support
- Health Insurance
- Mental Health Services
- Navigating State Agencies
- Resources for Seniors
- Veterans Benefits
- Unemployment
- Energy Assistance
- Housing Assistance
- Food Assistance

Stay up-to-date by signing up for my e-blasts online at housedems.ct.gov/Nolan or scan the code with your phone

