



# RESOURCES TO HELP YOU!

## FROM REPRESENTATIVE KADEEM ROBERTS

### NORWALK'S VOICE AT THE STATE CAPITOL

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

"If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly."

– Representative Kadeem Roberts

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# STATE REPRESENTATIVE KADEEM ROBERTS

## CONNECTING YOU TO THE RESOURCES YOU NEED

### Energy Assistance

- Free Home Energy Audits: [energizect.com](http://energizect.com)
- CT Energy Assistance Program: Call 203-838-8110

### Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): [bit.ly/3SA4yNH](http://bit.ly/3SA4yNH) or call 2-1-1
- Food Assistance for Women, Infants and Children (WIC): [portal.ct.gov/DPH/WIC/WIC](http://portal.ct.gov/DPH/WIC/WIC) or call 203-854-7885
- Help with SNAP and Other Food Assistance Programs: [endhungerct.org](http://endhungerct.org) or call 1-866-974-7627
- Mobile Food Pantry: [ctfoodshare.org](http://ctfoodshare.org) or call 2-1-1
- Local Food Pantry:  
[www.foodpantries.org/ci/ct-norwalk](http://www.foodpantries.org/ci/ct-norwalk)

### Housing Assistance

- Eviction Prevention Fund: Call 1-844-864-8328
- C.A.N. (Homelessness Prevention): Call 2-1-1, then dial #2 and #1

### Unemployment Resources

- Unemployment Website: [portal.ct.gov/dol/Unemployment-Benefits](http://portal.ct.gov/dol/Unemployment-Benefits)
- Call 860-967-0493 or 1-800-956-3294

### Workforce Development

- Employment Opportunities: [portal.ct.gov/das](http://portal.ct.gov/das)
- Job Training: [portal.ct.gov/Services/Jobs-and-Employment/Find-a-Job/Employment-Training](http://portal.ct.gov/Services/Jobs-and-Employment/Find-a-Job/Employment-Training)

### Senior Care

- Assistance Programs: [portal.ct.gov/AgingAndDisability](http://portal.ct.gov/AgingAndDisability)
- Support for Caregivers: [bit.ly/3Z9wrOw](http://bit.ly/3Z9wrOw)

# NEED ASSISTANCE?

I am here to help with:

- **Business Support**
- **Health Insurance**
- **Mental Health Services**
- **Navigating State Agencies**
- **Resources for Seniors**
- **Veterans Benefits**
- **Unemployment**
- **Energy Assistance**
- **Housing Assistance**
- **Food Assistance**

Stay up-to-date by signing up for my e-blasts online at [housedems.ct.gov/Roberts](http://housedems.ct.gov/Roberts) or scan the code with your phone



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