

# Senior News

Many Connecticut residents are facing tough times in this economy. However, help is available.

There are several programs that may help you in meeting your needs. I hope you find this information useful.

Please contact me if you have questions about programs or services, or any other matter of concern.



HOUSE DEMOCRATS *of* CONNECTICUT

800.842.8267 | [www.housedems.ct.gov/Ryan](http://www.housedems.ct.gov/Ryan)

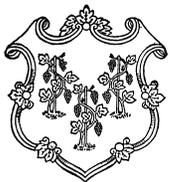
## KEVIN RYAN

### STATE REPRESENTATIVE

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139th Assembly District

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State Representative

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## ALLOWING SENIORS TO STAY IN THEIR HOMES

In an effort to allow more seniors to remain independent in their own homes rather than nursing homes, I supported legislation expanding access to affordable homecare support and personal care assistance services. For more information about the Connecticut Home Care Program for the Elderly, please contact me.

## HELPING WITH GROCERY BILLS

The Supplemental Nutrition Assistance Program (SNAP), the old Food Stamp program, has expanded its income requirements and benefit amounts, making it easier for more seniors to qualify for and afford their groceries. A household of two can earn up to \$2,248 monthly and still qualify for assistance. More information is available at: [www.ct.gov/SNAP](http://www.ct.gov/SNAP) | 800.742.6906

## LOWERING ELECTRIC BILLS

Connecticut businesses and residents pay some of the highest energy rates in the country—15 percent higher than nearby states. Last year, I supported an energy bill requiring the state Department of Public Utility Control to reduce energy costs by 15 percent for homeowners and businesses, but Governor Rell vetoed it. This year, we are working with Governor Malloy to reduce energy costs for everyone and give businesses additional capital that can be used to create and expand jobs.

## USEFUL NUMBERS

INFOLINE	211
Consumer Protection	1.800.842.2649
CT Tax Department	860.297.5962
Healthcare Advocate	866.466.4446
Unclaimed Property Hotline	1.800.833.7318
ConnPACE	1.800.423.5026
CT Veterans Affairs	860.616.3600



## Let's Keep In Touch

[www.housedems.ct.gov/Ryan](http://www.housedems.ct.gov/Ryan)  
800.842.8267

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Or, save a stamp and reply at my website [www.housedems.ct.gov/Ryan](http://www.housedems.ct.gov/Ryan) or call my office at 800.842.8267.

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