

Dear Neighbors,

This newsletter provides some resources which may be of interest and use to you. One of my top priorities as your legislator is to promote awareness and understanding of the state resources available to you as residents of Connecticut.

As this information goes to press, the legislature is in the thick of our session. Many of the issues, such as the budget, electric rate relief, education funding, and health care reform are unresolved. This is very normal due to the length of the public hearing process and the need for committees to deliberate on all the bills submitted to them. As a result, most of the work of the General Assembly gets done in the last few weeks of the session. This year, our adjournment date is June 6^{th} and I will be the first to share with you our successes and accomplishments.

In the meantime, should you have any questions or concerns regarding any business before the General Assembly, please feel free to contact me. I can be reached at my legislative office at 860-240-8585 or toll-free 1-800-842-8267; in the district at 860-848-0790; or by e-mail: Kevin.Ryan@cga.ct.gov.

Best regards,

Kevin Rvan State Representative, 139th District

Representing Bozrah, Franklin, Lebanon and Montville



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Kevin Ryan

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State Representative Kevin Ryan 139th District

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139th District - serving Bozrah - Franklin - Lebanon - Montville



State Resources and Useful Information

Helpful Links and Services

Senior Financial Assistance



There is a new online service that helps seniors apply for financial assistance programs. This website: *www.benefitscheckup.org/link/* is easy to navigate and can direct you to financial assistance programs of which you may not have been aware.

This website covers all aspects of applying for these programs, starting with your free eligibility screening. This helpful service has been provided by AARP Connecticut, the Senior Resources Agency on Aging CHOICES Program, and the Elderly Services Division of the State Department of Social Services. For more information, call (860) 887-3561.

Guide to Good Health for Adults

"Pocket Guide for Good Health for Adults" is full of helpful tips on health. The guide includes information on what tests and shots seniors should be taking, as well as providing guidance on what to ask when speaking to your health care professional. It also includes prevention charts to help keep you aware of your own health status. To order free copies of this guide, call the Agency of Health Care Research and Quality Publications Clearinghouse at **1-800-358-9295** or e-mail *www.ahrqpubs@ahrq.gov*. This helpful guide was developed by the Agency for Health Care Research and Quality, as part of the U.S. Department of Health and Human Services.

Home Repair Program for Seniors

The Home Solutions program is a service that provides financial support for house repairs, hazardous material abatement, septic system repair, removal or enlargement, and emergency repairs for senior citizens. The funding for this program comes from a state-wide combined loan and grant program. The funds are provided by the State of Connecticut through the Department of Economic and Community Development and are given to both residential owner occupied and rental properties. For more information, call Home Solutions at **(860) 347-4465.**

Medicare Advocacy

The Center for Medicare Advocacy is a organization that helps elderly and disabled residents receive medical assistance through advocacy and legal assistance. The Center for Medicare Advocacy is non-profit and non-partisan. The Center's main concern is for people who are in serious need of immediate health care. The Center is located in Connecticut and is staffed by all types of professionals, such as attorneys, nurses, legal assistants, and information management specialists. To learn more about the Center for Medicare Advocacy you may visit the website at *www.medicareadvocacy.org* or call the national office in Connecticut at **(860) 456-7790.**



Remembering Veterans

The Veterans History Project has been established at Central Connecticut State University to allow veterans to share their photographs and documents for posterity so that future generations will never forget their sacrifices for America. This program is an online archive of veterans' war journals, maps, and photographs. To join the history project by submitting your own records, or to view those of other veterans, go to *www.ccsu.edu/vhp*. You then click on "search our database" in order to view veterans photographs and documents. You may then search by name, war, or branch of service. If you would like to submit your own documents online, you can click on the "how to participate" link available on the website home page. You can also join the Veteran's History Project by contacting Eileen Hurst at (860) 832-2976.

Questions? Contact me at *Kevin.Ryan@cga.ct.gov* 1-800-842-8267 or (860) 240-8585

College Resources

The Connecticut Student Loan Foundation has teamed up with guaranty agencies nationwide to develop *www.Going2College.* **org**. This is an online college and career planning resource



for students and families that includes how to pay for a college education. Simply click on Connecticut and learn how to fill out a *Free Application for Federal Student Aid*, or find information on available federal and state

scholarships and grants. The site also gives important information on the process of applying to colleges and universities. Explore the career planning link and find valuable career assessment sites that can match your skills, interests, and personality to careers that would best suit you. You may also phone CSLF at **1-800-237-9721 Ext. 442.**

Our State's History

The Museum of Connecticut History is a great place to learn about our state and its fascinating past. The museum focuses its collections on our government, military, and industrial history. Permanent and



changing exhibits trace the growth of Connecticut and its role in the development of the United States from the colonial era to present. Among the items on display are: the 1639 Fundamental Orders Act of Connecticut, one of the first written constitutions in world history; the Colt's firearm factory collection, one of the finest assembly of early Colt prototypes and experimental guns in the world; and the Mitchelson coin collection, among the best aggregations of American coins in the world. The museum is located in the Connecticut State Library at 231 Capitol Ave., Hartford, CT 06106. The museum is closed Sundays, state holidays, and state holiday weekends. If you would like to receive more information about the Museum of Connecticut History, you may also call the museum at (860) 757-6535 or visit *www.cslib.org/museum.htm*.