



RESOURCES TO HELP YOU!

FROM REPRESENTATIVE TRAVIS SIMMS NORWALK'S VOICE AT THE STATE CAPITOL

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

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“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Travis Simms



860-240-8585



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housedems.ct.gov/Simms



facebook.com/StateRepSimms

STATE REPRESENTATIVE TRAVIS SIMMS CONNECTING YOU TO THE RESOURCES YOU NEED

Energy Assistance

- Free Home Energy Audits: energizect.com
- Emergency Heating Assistance: Operation Fuel: operationfuel.org or 2-1-1
- CT Energy Assistance Program: Call TVCCA (860-425-6681)

Nutrition Assistance Resources

- Supplemental Nutrition Assistance Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants and Children (WIC): portal.ct.gov/DPH/WIC/WIC or call 860-425-6620
- Help with SNAP and other Food Assistance Programs: endhungerct.org or 1-866-974-7627
- Mobile Food Pantry: ctfoodshare.org or 2-1-1

Housing Assistance

- Eviction Prevention Fund: 1-844-864-8328
- Homelessness Prevention: Call 2-1-1, dial #2 and #1

Unemployment Resources

Unemployment Website:
portal.ct.gov/dol/Unemployment-Benefits
Call 860-967-0493 or 1-800-956-3294

Federal Resources

For matters concerning Medicare, Social Security, Immigration, and Tours of Congress, we can also put you in touch with:

- Congressmen Jim Himes.....203-333-6600
- Senator Richard Blumenthal 860-258-6940
- Senator Chris Murphy..... 860-549-8463

Senior Care

- Assistance Programs:
portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw

Veteran Assistance

- VA District Office:.....860-887-9162
- Veterans Crisis Line:.....1-800-273-8255
- Stamford VA Clinic 1275 Summer Street, Suite 102 Stamford, CT 06905 or Call 203-325-0649

LOCAL RESOURCES

Norwalk

Norwalk

Town Hall.....	203-854-3200
Tax Collector's Office	203-854-7731
Assessor's Office.....	203-854-7887
Senior Center	203-847-3115
Board of Education.....	203-854-4000
Department of Public Works.....	203-854-3200
Parks and Recreation.....	203-854-7806

Statewide Resources

Office of the Healthcare Advocate.....	866-466-4446
Office of the Attorney General	860-808-5318
Department of Aging and Disability Services	860-424-5055
Department of Social Services	855-626-6632
Department of Admin Services.....	860-713-5100

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