

STATE REPRESENTATIVE
MARY WELANDER

Dear Neighbor,

It is my honor to represent the residents of the newly unified 114th district, which includes Derby, Orange, Woodbridge, and now a portion of Hamden. As your representative, I wanted to make sure you have my contact information and access to resources to assist those in need. I look forward to working with the full Hamden delegation to fight for the resources that Hamden needs. I currently serve as the Chair of the Internship Committee, and as a member of the Education, Public Health, and Children's Committees.

This session I plan to work on issues such as protecting children from online abuse and exploitation, creating new pathways for families to access childcare, and increasing visibility and support for small businesses and local organizations.

My office is ready to assist you with issues explained in this brochure or any concerns you may have. Please do not hesitate to contact me at Mary.Welander@cga.ct.gov or give me a call at 860-240-8585 if I can ever be of assistance. Thank you for allowing me the honor of serving you. I will continue to work hard to validate the trust you have placed in me.

Sincerely,

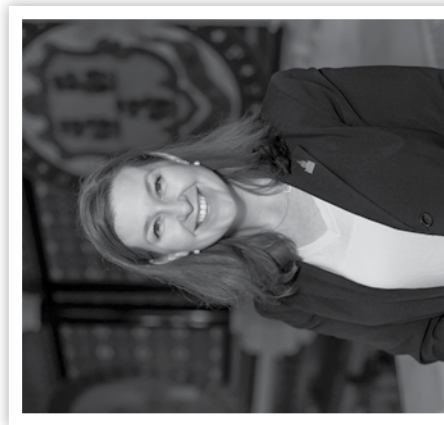


One of the best ways to stay up-to-date is by signing up for my e-blasts.

Sign up online at housedems.ct.gov/Welander

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STATE REPRESENTATIVE
MARY WELANDER
PROUDLY SERVING DERBY, ORANGE, WOODBRIDGE, AND HAMDEN



STATE REPRESENTATIVE
MARY WELANDER
CONSTITUENT SERVICES GUIDE



STATE REPRESENTATIVE MARY WELANDER CONSTITUENT SERVICES GUIDE

MY OFFICE PROVIDES ASSISTANCE WITH:

WORKFORCE DEVELOPMENT

- Finding employment opportunities: portal.ct.gov/das
- Help with filing for Unemployment www.FileCTUI.com

HAMDEN FOOD RESOURCES

- Hamden Food Resource Guide: hamden.com/177/Food-Resources
- End HungerCT Toll- Free SNAP Call Center: 866-974-SNAP (7627)

PREPARED MEALS

- Dinner for \$1 Grace and St. Peter's Episcopal Church: Dinner Available for Pick Up Fridays at 6pm, 2927 Dixwell Avenue, Hamden, CT. For more info, call 203-248-4338
- Meals on Wheels: Provides home-delivered meals for people 60 years or older and homebound. For more info, call 203-752-9919

RESOURCES FOR YOUTH

- Advocating for at-risk children: cca-ct.org/about-us
- Providing care for a child or young adult with an intellectual or developmental disability: portal.ct.gov/ctcdd

TRANSPORTATION

- To report a problem on or with a local road, such as potholes, please visit: seeclickfix.com/us-ct-hamden

FUEL ASSISTANCE

- For program eligibility and assistance, call 203-562-5129

HOW WE CAN HELP YOU:

SENIORS

Connecticut provides many resources for seniors as well as their caregivers and advocates. The State Department on Aging (860-424-5055) is responsible for these services. I can connect you with information on health and wellness programs, heat and energy assistance, and housing initiatives all tailored for our senior residents.

VETERAN'S AFFAIRS

It is my privilege to represent and serve the brave men and women of our nation's military in Hartford. My office is ready to help veterans and their families navigate benefits, healthcare and support programs offered through the Department of Veterans Affairs (860-616-3600).

HEALTHCARE

If you have a concern about your access to healthcare or insurance coverage please call my office. The Office of the Healthcare Advocate (866-466-4446) and I will work together to find a resolution for you.



CONSUMER PROTECTION

I can assist you if you have been the victim of unfair business practices or have been the victim of identity theft through the Department of Consumer Protection (860-713-6100). With the economy moving to become more digital, it is more important than ever to protect consumers from fraud and discrimination.

SMALL BUSINESSES

There are many programs available to facilitate moving or expanding your business in Connecticut via the Office of Small Business Affairs 860-500-2405. I am always happy to connect small business owners with the support they need.

FEDERAL RESOURCES

For matters concerning Medicare, Social Security, Immigration, and Tours of Congress, we can also put you in touch with:

Congresswoman Rosa DeLauro..... 203-562-3718
Senator Richard Blumenthal..... 860-258-6940
Senator Chris Murphy..... 860-549-8463

LOCAL RESOURCES

For matters concerning property taxes, local roads, affordable housing, education, elderly services, waste collection or any other issues, we can also put you in touch with the appropriate office:

Hamden City Hall..... 203-287-7000
Tax Collector's Office..... 203-287-7140
Town of Hamden Assessor's Office..... 203-287-7128
Miller Senior Center..... 203-287-2691
Hamden Housing Authority..... 203-248-9036
Hamden Board of Education..... 203-407-2000
Hamden Department of Public Works..... 203-287-2600
Quinnipiac Valley Health District..... 203-248-4528
Hamden Parks and Recreation..... 203-287-2579