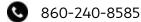


### **NEWS YOU CAN USE**

# FROM REPRESENTATIVE LIZ LINEHAN YOUR VOICE AT THE STATE CAPITOL

I'm dedicated to providing you with information to **better** your life, save you money, and keep you healthy. Please visit my web and social media pages for more, including How To Not Get Scammed, How To Enroll in Medicare, and Mental Health Resources for Kids. Coming soon - Q&A with doctors on menopause, stress, and more. Have an idea on a topic to touch on? Fmail me!

State Representative Liz Linehan Legislative Office Building Hartford, CT 06106-1591 PRSRT STD U.S. POSTAGE PAID HARTFORD, CT Permit No. 3937





www.housedems.ct.gov/Linehan

www.facebook.com/RepLinehan

## FREE ROADSIDE ASSISTANCE ON MAJOR HIGHWAYS

The CTDOT Safety Patrol, sponsored by GEICO, provides limited roadside assistance at no charge to drivers in need, including:

- Changing flat tires
- Jump- starting vehicles
- Moving disabled cars to safety

If you need help on a major Highway between 5:30am and 7:00pm, dial 911 and ask for the Safety Patrol!

### **HOW TO LOWER YOUR ENERGY COSTS**

I've put together a step by step guide to saving money on energy costs, including:

- changing your energy supplier for the lowest rate
- how to weather-proof your home and be energy efficient
- Information on solar, and other tips to save you money

Visit HouseDems.ct.gov/Linehan to download the guide or contact us by email or phone to send you a copy.

## MORE ASSISTANCE FOR RESIDENTS

As an appointed panel member for the IORBETA program, I've secured \$55,000 in grants to in-district assistance programs, including Cheshire Interfaith Housing, The Osterman Foundation, ARC of Southington, and BHCare, all of whom received funds to help residents with housing needs including rental assistance, shelter, disabled and elderly home upgrades, energy assistance, and more. Please contact our local social services department to request housing or energy help

#### **CHESHIRE SOCIAL SERVICES**

203-271-6690

### HAMDEN SOCIAL SERVICES

203-287-7000

#### WALLINGFORD SOCIAL SERVICES

203-294-2175