



NEWS YOU CAN USE

FROM REPRESENTATIVE LIZ LINEHAN
YOUR VOICE AT THE STATE CAPITOL

State Representative
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I'm dedicated to providing you with information to **better your life, save you money, and keep you healthy**. Please visit my web and social media pages for more, including *How To Not Get Scammed, How To Enroll in Medicare, and Mental Health Resources for Kids*. Coming soon - Q&A with doctors on menopause, stress, and more. Have an idea on a topic to touch on? Email me!



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www.housedems.ct.gov/Linehan



www.facebook.com/RepLinehan

FREE ROADSIDE ASSISTANCE ON MAJOR HIGHWAYS

The CTDOT Safety Patrol, sponsored by GEICO, provides limited **roadside assistance at no charge** to drivers in need, including:

- Changing flat tires
- Jump- starting vehicles
- Moving disabled cars to safety

If you need help on a major Highway between 5:30am and 7:00pm, dial 911 and ask for the Safety Patrol!

HOW TO LOWER YOUR ENERGY COSTS

I've put together a step by step guide to saving money on energy costs, including:

- changing your energy supplier for the **lowest rate**
- how to weather-proof your home and be **energy efficient**
- Information on solar, and other tips to **save you money**

Visit HouseDems.ct.gov/Linehan to download the guide or contact us by email or phone to send you a copy.

MORE ASSISTANCE FOR RESIDENTS

As an appointed panel member for the IORBETA program, I've secured **\$55,000** in grants to in-district assistance programs, including Cheshire Interfaith Housing, The Osterman Foundation, ARC of Southington, and BHCare, all of whom received funds to help residents with housing needs including **rental assistance, shelter, disabled and elderly home upgrades, energy assistance, and more**. Please contact our local social services department to request housing or energy help

CHESHIRE SOCIAL SERVICES

203-271-6690

HAMDEN SOCIAL SERVICES

203-287-7000

WALLINGFORD SOCIAL SERVICES

203-294-2175