




RESOURCES TO HELP YOU!

*As your State Representative, constituent services and communications have been, and will continue to be, the top priority of my office. In this correspondence you will find resources that may be useful to you and your loved ones. **If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.***


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STATE REPRESENTATIVE **HUBERT DELANY**


STAMFORD'S VOICE AT THE STATE CAPITOL

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 Visit housedems.ct.gov/Delany or scan the QR code to sign up for my weekly eblasts



STATE REPRESENTATIVE HUBERT DELANY CONNECTING YOU TO THE RESOURCES YOU NEED

Energy Assistance

- Free Home Energy Audits:
energizect.com
- CT Energy Assistance Program:
Call (203) 748-5422 or visit 211ct.org

Housing Assistance

- Eviction Prevention Fund:
Call (844) 864-8328
- C.A.N. - Homelessness Prevention:
Call 2-1-1, then dial #2 and #1
- Foreclosure Hotline: (877) 472-8313

Senior Care

- Assistance Programs:
ct.gov/AgingAndDisability
- Support for Caregivers:
multiple options - bit.ly/3Z9wrOw
- Stamford Senior Center:
Call (203) 977-5151

Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): 2-1-1 or 211ct.org
- Food Assistance for Women, Infants, & Children (WIC): ct.gov/DPH/WIC or call (203) 977-4385
- SNAP and Other Food Assistance:
endhungerct.org or call (866) 974-7627
- Mobile Food Pantry: ctfoodshare.org or 2-1-1
- Food Pantry: New Covenant Center
174 Richmond Hill Ave. call (203) 964-9228

Unemployment & Job Resources

- Unemployment help and job searching
ct.gov/dol or call (800) 956-3294

Veteran Assistance


- Veterans Crisis Line: (800) 273-8255
- Veteran Outpatient Clinic: 1275 Summer St., Suite 102 Stamford or call (203) 325-0649
- Stamford Veterans Resource Center:
stamfordct.gov/residents/veterans
(203) 977-7993



STATE REPRESENTATIVE HUBERT DELANY

STAMFORD'S VOICE AT THE STATE CAPITOL

Please feel free to call or email me anytime!

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