



PROVIDING YOU THE RESOURCES THAT MATTER!


As your State Representative, my top priorities this year include **defending civil rights, lowering the cost of living, expanding affordable housing, ensuring energy and utility affordability, investing in education, and protecting our seniors.** In this mailer, you'll find important resources and contact information to help you and your loved ones navigate state programs and services. If I can be of any assistance, please don't hesitate to reach out. Together, we can build a stronger community.

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STATE REPRESENTATIVE

HUBERT DELANY


STAMFORD'S VOICE AT THE STATE CAPITOL

 1-800-842-8267 or 860-240-8585

 Hubert.Delany@cga.ct.gov

 facebook.com/StateRepDelany

 [@HubertDelany](https://instagram.com/HubertDelany)

 Visit housedems.ct.gov/Delany or scan the QR code to sign up for my weekly eblasts



SUPPORT IS HERE FOR YOU, CT RESIDENTS!

CONNECTING YOU TO THE RESOURCES YOU NEED

Workforce Development

- **Employment Opportunities:** portal.ct.gov/das
- **Job Training:** jobs.ct.gov/training
- **Unemployment Website:**
portal.ct.gov/dol/Unemployment-Benefits
or call 860-967-0493 or 1-800-956-3294

Food Assistance:

- **Supplemental Nutrition Assistance Program (SNAP):** bit.ly/3SA4yNH or 2-1-1
- **Food Assistance for Women, Infants & Children (WIC):** portal.ct.gov/DPH/WIC/WIC or call 203-977-4385
- **Mobile Food Pantry:** ctfoodshare.org or call 2-1-1
- **Local Food Pantry:** New Covenant Center
174 Richmond Hill Ave. call 203-964-9228

Housing Assistance

- **Rental Assistance Program (RAP):** bit.ly/CT-RAP
- **Eviction Prevention Fund:** Call 1-844-864-8328
- **C.A.N. (Homelessness Prevention):** Call 2-1-1, then dial #2 and #1

Energy Assistance

- **Free Home Energy Audits:** energizect.com
- **Weatherization Assistance Program (WAP):**
bit.ly/CT-WAP
- **Connecticut Energy Assistance Program (CEAP):**
ct.gov/heatinghelp/apply

Veterans and Seniors

- **Older Adult Support:** bit.ly/CTOlderAdultAssistance
- **Assistance Programs:**
portal.ct.gov/AgingAndDisability
- **Support for Caregivers:** bit.ly/3Z9wrOw
- **Stamford Veterans Resource Center:**
stamfordct.gov/residents/veterans
203-977-7993
- **Stamford Senior Center:** Call 203-977-5151
- **Veteran Outpatient Clinic:** 1275 Summer St., Suite 102 or call 203-325-0649

Small Business Support

- **Small Business Development & Loans:**
bit.ly/CTSmallBusinessSupport

NEED ASSISTANCE?

MY TEAM AND I ARE HERE TO ASSIST YOU!

- Navigating State Agencies
- Small Business Support
- Health Insurance
- Mental Health Services
- Resources for Seniors
- Veterans Benefits
- Unemployment Assistance
- Energy Assistance
- Housing Assistance
- Food Assistance



Please feel free to call or email me anytime!

📞 Cell: 203-397-6167

✉️ Hubert.Delany@cga.ct.gov