



RESOURCES TO HELP YOU!

FROM REPRESENTATIVE JANE GARIBAY WINDSOR'S VOICE AT THE STATE CAPITOL

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

PRSRT STD
U.S. POSTAGE
PAID
HARTFORD, CT
Permit No. 3937

“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Jane Garibay



860-240-8585



Jane.Garibay@cga.ct.gov



housedems.ct.gov/Garibay



facebook.com/RepJaneGaribay

STATE REPRESENTATIVE JANE GARIBAY CONNECTING YOU TO THE RESOURCES YOU NEED

Energy Assistance

- Free Home Energy Audits: energizect.com
- Emergency Heating Assistance:
Operation Fuel: operationfuel.org or 2-1-1
- CT Energy Assistance Program:
Community Renewal Team (CRT) Call
860-560-5800 or www.crtct.org
- Windsor Fuel Bank/Operation Fuel:
Call Town of Windsor Social Services at
860-285-1839

Housing Assistance

- Eviction Prevention Fund:
Call 1-844-864-8328
- C.A.N. (Homelessness Prevention):
Call 2-1-1, then dial #2 and #1

Unemployment Resources

- Unemployment Website:
portal.ct.gov/dol/Unemployment-Benefits
- Call 860-967-0493 or 1-800-956-3294

Food Assistance

- Supplemental Nutrition Assistance
Program (SNAP): bit.ly/3SA4yNH or 2-1-1
- Food Assistance for Women, Infants and
Children (WIC): [portal.ct.gov/DPH/WIC/
WIC](http://portal.ct.gov/DPH/WIC/WIC) or call 860-757-4860
- Help with SNAP and Other Food
Assistance Programs: endhungerct.org or
call 1-866-974-7627
- Mobile Food Pantry: ctfoodshare.org or
call 2-1-1
- Local Food Pantry: Windsor Food and
Fuel Bank: 860-986-3221

Senior Care

- Assistance Programs:
portal.ct.gov/AgingAndDisability
- Support for Caregivers: bit.ly/3Z9wrOw
- Windsor Senior Services: 860-285-1992

Workforce Development

- Employment Opportunities:
portal.ct.gov/das

NEED ASSISTANCE?

I am here to help with:

- **Business Support**
- **Health Insurance**
- **Mental Health Services**
- **Navigating State Agencies**
- **Resources for Seniors**
- **Veterans Benefits**
- **Unemployment**
- **Energy Assistance**
- **Housing Assistance**
- **Food Assistance**

Stay up-to-date by signing up for
my e-blasts online at
housedems.ct.gov/Garibay
or scan the code with your phone

