



**PROVIDING YOU THE RESOURCES THAT MATTER!**

**FROM STATE REPRESENTATIVE NICK GAUTHIER  
WATERFORD / MONTVILLE VOICE AT THE STATE CAPITOL**

PRSR STD  
U.S. POSTAGE  
PAID  
HARTFORD, CT  
Permit No. 3937

“Should you or someone you know require support, especially with accessing or understanding state programs, my office is here to serve YOU!

Please reach out to me anytime!”

- Representative Nick Gauthier



Cell: 860-287-0991



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[housedems.ct.gov/NickGauthier](http://housedems.ct.gov/NickGauthier)



[facebook.com/NickGauthierCT](https://facebook.com/NickGauthierCT)

# SUPPORT IS HERE FOR YOU, CT RESIDENTS! CONNECTING YOU TO THE RESOURCES YOU NEED

## Workforce Development

- **Employment Opportunities:** [portal.ct.gov/das](https://portal.ct.gov/das)
- **Job Training:** [jobs.ct.gov/training](https://jobs.ct.gov/training)
- **Unemployment Website:**  
[portal.ct.gov/dol/Unemployment-Benefits](https://portal.ct.gov/dol/Unemployment-Benefits)  
or call 860-967-0493 or 1-800-956-3294

## Energy Assistance

- **Free Home Energy Audits:** [energizect.com](https://energizect.com)
- **Weatherization Assistance Program (WAP):**  
[bit.ly/CT-WAP](https://bit.ly/CT-WAP)
- **Connecticut Energy Assistance Program (CEAP):**  
[ct.gov/heatinghelp/apply](https://ct.gov/heatinghelp/apply)

## Food Assistance

- **Supplemental Nutrition Assistance Program (SNAP):** [bit.ly/3SA4yNH](https://bit.ly/3SA4yNH) or 2-1-1
- **Food Assistance for Women, Infants & Children (WIC):**  
[portal.ct.gov/DPH/WIC/WIC](https://portal.ct.gov/DPH/WIC/WIC) or call 860-425-6618
- **Mobile Food Pantry:** [ctfoodshare.org](https://ctfoodshare.org) or call 2-1-1
- **Local Food Pantry:** <https://www.waterfordct.org/322/Waterford-Community-Food-Bank>

## Veterans and Seniors

- **Older Adult Support:**  
[bit.ly/CTOlderAdultAssistance](https://bit.ly/CTOlderAdultAssistance)
- **Assistance Programs:**  
[portal.ct.gov/AgingAndDisability](https://portal.ct.gov/AgingAndDisability)
- **Support for Caregivers:** [bit.ly/3Z9wrOw](https://bit.ly/3Z9wrOw)

## Housing Assistance

- **Rental Assistance Program (RAP):** [bit.ly/CT-RAP](https://bit.ly/CT-RAP)
- **Eviction Prevention Fund:** Call 1-844-864-8328
- **C.A.N. (Homelessness Prevention):** Call 2-1-1, then dial #2 and #1

## Small Business Support

- **Small Business Development & Loans:**  
[bit.ly/CTSmallBusinessSupport](https://bit.ly/CTSmallBusinessSupport)

## NEED ASSISTANCE?

MY TEAM AND I ARE HERE TO ASSIST YOU!

- Navigating State Agencies
- Small Business Support
- Health Insurance
- Mental Health Services
- Resources for Seniors
- Veterans Benefits
- Unemployment Assistance
- Energy Assistance
- Housing Assistance
- Food Assistance

Stay up-to-date by signing up for my e-blasts online at [housedems.ct.gov/Gauthier](https://housedems.ct.gov/Gauthier) or scan the code with your phone!



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