



# RESOURCES TO HELP YOU!

**FROM REPRESENTATIVE BOBBY GIBSON  
DEPUTY SPEAKER**

**BLOOMFIELD/WEST HARTFORD'S VOICE AT THE STATE CAPITOL**

My office is available to help connect residents to social services and programs to help individuals and families stabilize and improve their lives.

“If I can be of any help to you or someone you know – especially when it comes to navigating state programs – please contact me directly.”

– Representative Bobby Gibson  
Deputy Speaker



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[housedems.ct.gov/gibson](http://housedems.ct.gov/gibson)

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Permit No. 3937

# STATE REPRESENTATIVE BOBBY GIBSON CONNECTING YOU TO THE RESOURCES YOU NEED

## Energy Assistance

- Free Home Energy Audits: [energizect.com](http://energizect.com)
- Emergency Heating Assistance:  
Operation Fuel: [operationfuel.org](http://operationfuel.org) or 2-1-1
- CT Energy Assistance Program:  
[ctdss.force.com/heatinghelp/s/](http://ctdss.force.com/heatinghelp/s/)

## Food Assistance

- Supplemental Nutrition Assistance Program (SNAP): [bit.ly/3SA4yNH](http://bit.ly/3SA4yNH) or 2-1-1
- Food Assistance for Women, Infants and Children (WIC): [portal.ct.gov/DPH/WIC/WIC](http://portal.ct.gov/DPH/WIC/WIC)
- Help with SNAP and Other Food Assistance Programs: [endhungerct.org](http://endhungerct.org) or call 1-866-974-7627
- Mobile Food Pantry: [ctfoodshare.org](http://ctfoodshare.org) or call 2-1-1

## Housing Assistance

- Eviction Prevention Fund:  
Call 1-844-864-8328
- C.A.N. (Homelessness Prevention):  
Call 2-1-1, then dial #2 and #1

## Unemployment Resources

- Unemployment Website:  
[portal.ct.gov/dol/Unemployment-Benefits](http://portal.ct.gov/dol/Unemployment-Benefits)
- Call 860-967-0493 or 1-800-956-3294

## Workforce Development

- Employment Opportunities:  
[portal.ct.gov/das](http://portal.ct.gov/das)
- Job Training:  
[portal.ct.gov/careerconnect](http://portal.ct.gov/careerconnect)

## Senior Care

- Assistance Programs:  
[portal.ct.gov/AgingAndDisability](http://portal.ct.gov/AgingAndDisability)
- Support for Caregivers: [bit.ly/3Z9wrOw](http://bit.ly/3Z9wrOw)

## NEED ASSISTANCE?

I am here to help with:

- **Business Support**
- **Health Insurance**
- **Mental Health Services**
- **Navigating State Agencies**
- **Resources for Seniors**
- **Veterans Benefits**
- **Unemployment**
- **Energy Assistance**
- **Housing Assistance**
- **Food Assistance**

Stay up-to-date by signing up for my e-blasts online at [housedems.ct.gov/gibson](http://housedems.ct.gov/gibson) or scan the code with your phone



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