



PROVIDING YOU THE RESOURCES THAT MATTER

FROM STATE REPRESENTATIVE REBECCA MARTINEZ

PROUDLY REPRESENTING FARMINGTON, PLAINVILLE AND SOUTHINGTON

“Should you or someone you know require support, especially with accessing or understanding state programs, my office is here to serve YOU!

Please reach out to me anytime!”

- Representative Rebecca Martinez



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housedems.ct.gov/Martinez



facebook.com/StateRepMartinez

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SUPPORT IS HERE FOR YOU, CT RESIDENTS! CONNECTING YOU TO THE RESOURCES YOU NEED

Workforce Development

- **Employment Opportunities:** portal.ct.gov/das
- **Job Training:** jobs.ct.gov/training
- **Unemployment Website:**
portal.ct.gov/dol/Unemployment-Benefits
or call 860-967-0493 or 1-800-956-3294

Energy Assistance

- **Free Home Energy Audits:** energizect.com
- **Weatherization Assistance Program (WAP):**
bit.ly/CT-WAP
- **Connecticut Energy Assistance Program (CEAP):**
ct.gov/heatinghelp/apply

Food Assistance:

- **Supplemental Nutrition Assistance Program (SNAP):** bit.ly/3SA4yNH or 2-1-1
- **Food Assistance for Women, Infants & Children (WIC):**
portal.ct.gov/DPH/WIC/WIC or call 860-585-3280
- **Mobile Food Pantry:** ctfoodshare.org or call 2-1-1
- **Farmington Community Services Food Pantry:**
860-675-2390

Veterans and Seniors

- **Older Adult Support:**
bit.ly/CTOlderAdultAssistance
- **Assistance Programs:**
portal.ct.gov/AgingAndDisability
- **Support for Caregivers:** bit.ly/3Z9wrOw

Housing Assistance

- **Rental Assistance Program (RAP):** bit.ly/CT-RAP
- **Eviction Prevention Fund:** Call 1-844-864-8328
- **C.A.N. (Homelessness Prevention):** Call 2-1-1, then dial #2 and #1

Small Business Support

- **Small Business Development & Loans:**
bit.ly/CTSmallBusinessSupport

NEED ASSISTANCE?

MY TEAM AND I ARE HERE TO ASSIST YOU!

- Navigating State Agencies
- Small Business Support
- Health Insurance
- Mental Health Services
- Resources for Seniors
- Veterans Benefits
- Unemployment Assistance
- Energy Assistance
- Housing Assistance
- Food Assistance

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