

STATE REPRESENTATIVE
AL PAOLILLO
97th District

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Dear Neighbor,

The state has declared a public health emergency to combat COVID-19, a respiratory disease that has impacted communities across our city, state, country, and world. With social distancing orders, public health and elected officials have been doing their best to flatten the curve and limit the spread of the virus. However, we truly must thank and recognize the true heroes of this pandemic, our healthcare workers, first responders and essential workers who have been on the front lines. I would also like to thank everyone for their cooperation and looking out for each other.

This mailer provides information to help keep you up-to-date as experts learn more and officials act to fight the pandemic.

I want you to know that I am always available to help you and your family and that by working together we will get through this. Please reach out to my office if you have any questions or concerns. You can reach me by **email at: Alphonse.Paolillo@cga.ct.gov or by phone at my State Capitol office 860-240-8568 or cell phone 203-623-2439.** Wishing you and your family safety and good health.

Take Care,

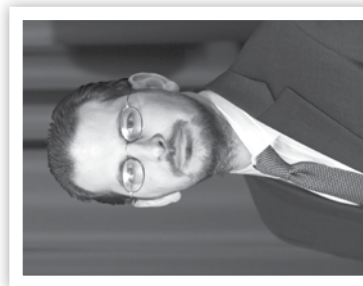


State Representative Al Paolillo
97th District

**SIGN UP FOR MY E-NEWSLETTER FOR COVID-19
INFORMATION AND OTHER UPDATES ON MY
WEBSITE AT WWW.HOUSEDEMS.CT.GOV/PAOLILLO**

STATE REPRESENTATIVE
AL PAOLILLO

PROUDLY SERVING NEW HAVEN



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STATE REPRESENTATIVE
AL PAOLILLO
97th District



COVID-19 INFORMATION

Legislative Office Building, Room 5008
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STATE REPRESENTATIVE AL PAOLILLO

FOR THE LATEST ON STATE RESPONSE EFFORTS, DIAL 2-1-1 OR VISIT CT.GOV/CORONAVIRUS

What Is Coronavirus/COVID-19?

COVID-19 (Coronavirus Disease 2019) is a respiratory illness spread from person to person contact. Symptoms may include cough, fever, and difficulty breathing and may appear 2-14 days after exposure.



Health Services

Think you have COVID-19? Visit CDC.gov for a list of symptoms.

If you think you need to be tested for coronavirus, consult your doctor. At this time, you cannot receive a test without a doctor's prescription. The state is working with our hospitals to establish testing sites. To find a site, call 2-1-1, the New Haven Health Department at 203-946-6999 or visit www.ynhhs.org/patient-care/covid-19/covid-19-testing. Also feel free to use our own local Fair Haven Health Clinic as a resource by calling 203-777-7411 or visiting www.fhchc.org/coronavirus.

HUSKY members can receive medical and behavioral health services from their health care providers by audio-only telephone or video conferencing.



Housing and Legal Assistance

Dial 2-1-1 and press #3 then #4 if you are in a housing emergency.

Participating financial institutions are now offering mortgage-payment forbearances of up to 90 days, allowing homeowners to reduce or delay mortgage payments. The Governor has also prohibited eviction notices for non-payment of rent until July 1st and granted a 60-day grace period for April and May rent. Municipalities are also being asked to enact options for providing temporary property tax forbearance with reduced interest on delinquent tax payments or extensions.

Get legal information about court access, work, benefits, housing, and more during the COVID-19 crisis. Visit www.ctlawhelp.org/coronavirus.

Visit CDC.gov and CT.gov/coronavirus for national and statewide notices or dial 2-1-1. Visit newhavenct.gov for the latest on local issues



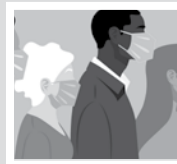
STAY HOME

The Governor signed an Executive Order that encourages people to stay in their homes unless running essential errands and closes all businesses not deemed essential until **further notice to slow the spread of COVID-19**.



STAY 6 + FEET FROM OTHERS

The CDC says that COVID-19 can be spread to people within at least six feet of one another and that people who have the virus without symptoms are contagious.



WEAR A MASK IN PUBLIC

If you have to leave the house, the federal government recommends that you wear a non-medical face mask to reduce the risk of getting infected or infecting others with COVID-19.

HOW CAN I HELP?

CTResponds is the State of Connecticut's web-based volunteer management system which also includes the Medical Reserve Corps. This online volunteer system for the Emergency System is for health professionals and other interested volunteers to help communities during this emergency. If you are interested in volunteering please register here: ctresponds.ct.gov



Economic Relief

Visit ct.dol.state.us to access an FAQ sheet on the rights of employees and employers as well as the form to file for unemployment. With the CARES Act passed by Congress, the new Pandemic Unemployment Insurance becoming available includes an extra \$600 per week and also makes those who are self employed, independent contractors and Gig economy workers eligible. The assistance also includes a 13 week extension for those who exhaust their regular 26 weeks of benefits.

The state and federal government offer a number of programs to support small businesses. To learn more, call the DECD hotline at 860-500-2333 or visit ct.gov/decd.

The DRS has extended filing and payment deadlines for personal income tax returns to July 15, 2020. This includes quarterly estimated income tax payments. There are also extensions for sales and use tax payments made by businesses for March and April until May 31st.



Food and Nutrition

For Meals on Wheels: call 860-560-5848.

Soup Kitchen and Food Pantry Services:

For a list of Food Pantries in New Haven please call 2-1-1 or visit www.211ct.org

To apply for SNAP benefits: visit ct.gov/DSS.

For hours and locations of "Grab and Go" lunches for students and youth:

New Haven Public Schools has been providing FREE, Grab & Go Meals. For a schedule and locations please visit newhavenct.gov or nhps.net or call 475-220-1610

Please also remember to Shop Local. New Haven Economic Development has been working with our local business community. Learn more about restaurants that are still open for delivery and take out and bringing New Haven together at: covid19.newhavenct.gov/pages/together-new-haven